

AVC Behavioural Medicine Service Karen L. Overall, MA, VMD, PhD, DACVB – Head of service (koverall@upei.ca) Jenn Vernick, DVM – Resident (jvernick@upei.ca)

This information sheet is intended to review policies and procedures, to explain the appointment costs and structure, and to explain the type of information we will need to help your cat.

Instructions for appointments:

Appointment duration and costs

Appointments/consultations for cats with Dr. Overall and/or Dr. Vernick cost \$357.50 for in-person consultations or long distance consultations. The same forms are used for each type of consultation, and the same videos are required. In person consultations will take approximately 1.5 hours. If additional pets are actually directly involved in the problem or have problems of their own there will be an additional charge of \$55-165 pet, depending on level of complexity. Pets who are accompanying the patient, or who do not require separate histories, diagnoses, and treatment protocols are seen at no additional charge.

For all but the most exceptional cat, distance consultations are really a better choice because – due to their evolutionary history – cats just do not show us the behaviours we need to see when we bring them into an office. We can do as well and generally much better with videos, a good history and a 30-45 minute Zoom call. For distance consultations we use the same forms and videos as we would for the in-person call, but we create the consult after reviewing them and then discuss the consult and any outstanding issues or changes needed to the plan with the client after the client has reviewed the consult. After the wrap-up Zoom call, we prepare the final copy of the consult and send it to both the client and the referring veterinarian who is the veterinarian of record and dispenses medication or prescriptions.

This initial charge includes *all* telephone and email follow-up. We have learned that the vast majority of these cases do extraordinarily well with email follow-up, many of them over years. Follow-up may involve sending video. If it is clear from the emails, videos, or simply the length of time that has passed since the initial appointment that a re-exam will help, one will be recommended. Of course, clients are also welcome to schedule a re-exam anytime they think it will help.

Re-exams may vary in time and content and cost \$137.50. Some clients feel that they do not need re-exams and that can be a fine decision if they understand that one is always available and if they keep communicating by email. Any time someone has a question, a problem, a worry, or there has been a behavioural change that doesn't make sense...we want to hear from you.

Any patient who is taking medication should have a full annual laboratory evaluation done (lab work) that includes a complete blood count (CBC), chemistry panel and urinalysis (UA). If you wish, this can be done by your referring veterinarian and you can bring the results to your re-exam. Clients who are too far for annual reexams should email updates and their annual lab work results to Drs. Overall and Vernick and to AVC. Referring veterinarians should feel free to email questions.

We will also need recent (no older than 3 months) lab work if your cat is going to be taking medication. You are welcome to have your veterinarian draw blood for the lab work and send or bring us the result, or we can take the blood and do the needed tests. Please note: we use fear, distress and restraint reducing handling techniques for all of our medical procedures. This means that we will use lidocaine cream to numb the skin over the vein from which we will draw blood, and we use double-ended catheters and self-filling tubes.

All first and full re-exam appointments will result in letters being sent to your veterinarian unless you explicitly ask us not to send a letter. We understand the personal nature of appointments in veterinary behavioural medicine and respect your privacy.

Materials and information needed for an appointment:

To proceed with your appointment we will the following materials sent to us via email or post **before** your appointment:

- 1. We will need a completed set of the attached history forms. *Please note that these can be completed as a Word document and attached to an email.* Also please note that it will take you 20-40 minutes to complete these forms, depending on the level of detail.
- 2. We will need a video of the behaviours that concern you. Please note, if the behaviours about which you are concerned are not ones that are likely to be seen in public and we do not have a video we cannot do the best possible job.

The video should:

- show the behaviour(s) about which you are concerned, excepting any injurious behaviour,
- give a brief tour of the cat's environment (house/apartment and yard), and
- show any other relevant facets of the patient's life (e.g., where your cat sleeps, sits, eats, drinks, walks, plays, interaction with other animals, et cetera).

If aggression with injury is one of the complaints, *please do not provide a video of the cat biting someone*, and do not put anyone in a situation where any aggression may be provoked or which may scare or distress the cat or anyone else. If aggression is a concern, other behaviours will be indicative of it. Please do not scare or put anyone at risk to make a video.

Videos can be provided in the following formats:

- via a downloadable link (PREFERRED)
- DVD

- Flash drive
- Email attachment
- YouTube link

Please note that our formats are mpeg and avi.

Please keep a copy of the videos since *they will not be returned*. Videos and/or photos may also be taken during the appointment. Any videos/photos used to evaluate the patient, including those you have taken, become part of the record and may be used *anonymously* in all modes of teaching (including teaching staff or other clients) and/or research.

3. We will need a copy of your cat's medical record, including proof of vaccination for rabies (or an adequate titer), or a letter from your veterinarian summarizing the important medical history and providing proof of vaccination for rabies (or an adequate titer).

complete the contact information for your veterinarian, below.	
Name of veterinarian:	
Veterinarian's address:	
Veterinarian's telephone #:	
Veterinarian's fax #:	
Veterinarian's e-mail:	
PLEASE DO NOT SEND A LETTER TO MY VETERINARIAN.	

A referral letter will be sent to your veterinarian, unless you explicitly request that this is not done. Please

AVC BEHAVIOURAL MEDICINE FELINE QUESTIONNAIRE

kg or

lh

Cat's weight:

The questionnaire that follows focuses on all aspects of your cat's behaviour and health issues that could contribute to any behavioural concerns. This questionnaire has been published¹. To interpret this information in the most detailed possible light it would be helpful for you to list your cat's weight and your cat's body condition score. If you do not know your cat's body condition score, please go to the websites listed to see the scoring systems routinely used. This form is updated from the most recently published version in Overall, KL. 2013. Manual of Clinical Behavioral Medicine, Elsevier, St. Louis.

Body condition score/BCS (see link below) :	_
http://www.pet-slimmers.com/shapecat.htm	
Date: Please complete the pages below as accurately as possi	ble.
1. Pet's name	
2. Owner / Client's name	
Owner's street address: City/Province/State: Destal Code/Zip Code:	
Postal Code/Zip Code:	
4. Owner's best phone number	
5. Owner's email address	
8. Breed of cat	
6. Sex of cat	David Adamshi (Vanna
7. Cat's date of birth (if known)	Day/Month/Year:
8. Cat's age at completion of this questionnaire, in months	weeks ORmonths
9. Age in weeks at which your cat was adopted?	weeks ORmonths
10. Has this cat been neutered/spayed?	□ Yes □ No
11. If your cat is castrated or spayed (neutered) at what age was this done?	weeks ORmonths
12. Has this cat had other owners?	□ Yes □ No
	If so, how many? □1 □2 □3 □4 □5+ □Unknown

¹ K.L. Overall, Clinical Behavioural Medicine for Small Animals, Mosby, St. Louis, 1997; revised 2000, 2002, 2007, 2010; and Overall, K.L. Manual of Clinical Behavioural Medicine for Dogs and Cats, Elsevier, St. Louis, 2013.

	Why was this pet given up/relinquished?
13. How long have you had this cat?	months
14. Where did you get this cat?	Serious show breeder
	Breeder who doesn't show
	Found (or cat found you)
	SPCA/humane society
	Friend
	Bred from one of your cats
	Other (please specify):
15. When was your last complete veterinary check-	Date:
up?	Date.
16. Does this cat have any physical problems that	Yes No
your veterinarian has noted?	If yes, what specifically?
,	
17. Is your cat taking any medication for any of the	Yes No
medical problems discussed above?	If yes, what specifically?
18. Is your cat taking any medication for any	Yes No
behavioural problems?	If yes, what specifically?
	in yes, what specimeany.
19. Is your cat:	Indoor, only
	Outdoor, only
	Indoor/outdoor

20. How many litter boxes does your cat have?	0 1 2 3 4 5+
21. What types of litter do you use?	
22. How often do you change the litter box	times weekly OR
completely?	times monthly
23. How often do you scoop the litter box?	times weekly OR
	times monthly
24. Does your cat leave urine or feces outside the	Yes No Don't know
litter box?	If you answered yes:
	a. Urine – where specifically?
	b. Feces – where specifically?
	·
	Dathhave on a fire II. 2
	Both – where specifically?
25. Does your cat spray?	Yes No Don't know
	If you answered yes, where specifically:

26. Do you have any concerns, complaints, or problems with urination in the house now?	Yes No
	If you answered yes:
	a. Where is the cat urinating that you find
	undesirable (list all areas)?
	b. How many times per week is the cat urinating in places you find undesirable?
	c. At what time of day is the urination occurring?
	d. Is the pattern different on days when you are home and days you are not home?
	□ Yes □ No
	e. Are you at work during the hours when the cat urinates?
	□ Yes □ No

	f. How many times per day does your cat usually urinate when he or she is not urinating in places you find undesirable?
27. Do you have any concerns, complaints, or	Yes No
problems with defecation in the house now?	
	If you answered yes:
	a. where is the cat defecating that you find undesirable (list all areas)?
	b. How many times per week is the cat defecating in places you find undesirable?
	c. At what time of day is the defecation occurring?
	d. Is the pattern different on days when you are home and days you are not home? □ Yes □ No

e. Are you at work during the hours when the cat defecates?
□ Yes □ No
How many times per day does your cat usually
urinate when he or she is not urinating in places you find undesirable?
Yes No Unknown
If you answered <i>yes</i> , what objects - specifically - did the cat destroy? Please list all of them and note
which - if any - you had given the cat as toys or to play with by putting a * next to them.

29. Does your cat destroy any objects or anything	Yes No		
else by chewing, sucking, or eliminating on them			
(e.g., furniture, rugs, clothes, et cetera) now?	If you answered yes, what objects - specifically - does		
	the cat destroy?	Please list all of the	em and note
	which are destroy	yed when you are h	nome or not
		te that of they dest	roy at both times
	- tick both columi	ns:	
	Object	When at home	When gone
30. Does your cat mouth, bite, suck, or nip anything	Yes No		
or anyone?			
		ed <i>yes,</i> what or who	om is the cat's
	focus?		
	b. If you answere all that apply)	ed <i>yes,</i> what does th ?:	ne cat do (check
	□ Bite		
	□ Suck		
	□ Mouth		
	□ Nip		
	□ Lick		
	□ Chew		
	□ Other:		

31. Does your cat exhibit any vocalization about	Yes No
which you are concerned?	
,	If you answered <i>yes</i> , what is/are the vocalization(s):
	Yowling/'barking"
	Growling
	Hissing
	Other (please specify):
	When do the vocalization(s) occur?
32. Does your cat show any signs of growling,	☐ Yes ☐ No
yowling, hissing, or biting?	
yowing, missing, or biting:	If a second of the second of Alberta
	If you answered <i>yes</i> , what is/are the sign(s) they
	show:
	Yowling
	Growling
	Hissing
	Biting
	When do they occur?
	When do they occur:
33. Have you ever been concerned that your cat is	☐ Yes ☐ No
"aggressive" to people?	
aggressive to people.	If you answored yes, why?
	If you answered <i>yes</i> , why?

34. Have you ever been concerned that your cat is	Yes No
"aggressive" to animals other than cats?	
	If you answered <i>yes,</i> why?
35. Does your cat hunt or prey on other animals?	Yes No
	If you answered <i>yes</i> , which animals and where?
26 Harrison and according to the control of the con	□ Va. □ Na
36. Has your cat ever bitten or clawed anyone,	Yes No
regardless of the circumstances?	
	If you answered <i>yes</i> , what happened?
37. Has your cat had any changes in sleep habits?	Yes No
	If you answered <i>yes</i> , what are these, specifically?
38. Has your cat had any changes in eating habits?	Yes No
	If you answered <i>yes,</i> what are these, specifically?
	in you answered yes, what are these, specifically:

39. Has anyone ever told you that they were afraid of	Yes No
your cat?	If you answered <i>yes,</i> what did they say?
40. Has anyone every told you that your cat was ill-mannered?	Yes No
	If you answered <i>yes</i> , why - what did the cat do that made them say this?
41. Do you have any concerns about your cat's grooming behaviours?	Yes No
	If you answered yes, select all that apply:
	Little to no grooming
	Sucking
	Chewing
	Licking Self-mutilation/sores
	Barbering/trimming
	Plucking out clumps of hair
	Other:
42. Is the cat exhibiting any behaviours about which	Yes No
you are concerned, worried or would like more	Market Control of the
information?	If you answered <u>yes</u> , please list these behaviours below:

43. Please list the people, <u>including yourself</u>, currently living in the household now.

Name	Sex	Age	Relationship (e.g. husband, wife)	Occupation
Ex. Maria	F	45	self	Rocket scientist

44. Please list all the **animals** (include all pets, even non-cats) in the household.

Name	Order Obtained	Breed	Sex*	Age Obtained (Months)	Age Now (Months)	Any Physical Illness? (Y/N)	Any Behavioural Illness? (Y/N)

^{*} Male = male intact/entire, F = female intact/entire, MC = male castrated/neutered, FS = female spayed/neutered

45. If anyone, above, has been identified as having a medical problem (Y), what is the problem?
46. If anyone, above, has been identified as having a behavioural problem (Y), what is the problem?
47. Please describe, in detail, how you prepare to leave the house when the cat will be left alone. Do you ignore the cat, do you seek him or her and say goodbye, do you make a fuss, etc.?
48. What does your cat do as you prepare to leave?

49. Please list your cat's behavioural concerns and le	et us know how much of a problem you consider the	he
behaviour. Please tick relevant degree of concern.		

Complaint Number	Specific Compliant/Problem	Very Serious?	Serious?	Not Serious?
1.				
2.				
3.				
4.				
5.				

For the complaints numbered above, please estimate the frequency of occurrence of the undesirable behaviour. For example, the cat may hiss at new people in the home weekly, but he hisses at them 100% of the time he sees them – he may see them only weekly.

Complaint 1:

Frequency	Percentage of time undesirable behaviour occurs
☐ Daily ☐ Weekly ☐ Monthly	Less than 25% 25-50% 51-75% 76-100%

Complaint 2:			
Frequency	Percentage of time undesirable behaviour occurs Less than 25% 25-50% 51-75% 76-100%		
Daily Weekly Monthly			
Complaint 3:			
Frequency	Percentage of time undesirable behaviour occurs		
Daily Weekly Monthly	Less than 25% 25-50% 51-75% 76-100%		
Complaint 4:			
Frequency	Percentage of time undesirable behaviour occurs		
Daily Weekly Monthly	Less than 25% 25-50% 51-75% 76-100%		
Complaint 5:			
Frequency	Percentage of time undesirable behaviour occurs		
☐ Daily ☐ Weekly ☐ Monthly	Less than 25% 25-50% 51-75% 76-100%		

50. Please describe the last 3 or 4 events where you felt that your pet's behaviour was problematic. Please include the relevant circumstances and what your response was.			
51. If your pet has what you perceive to be a problem, why have you kept the pet despite this problem?			
52. Are you concerned that you may have caused the problem?			
☐ Yes ☐ No			
53. Do you feel guilty about this problem?			
☐ Yes ☐ No			
54. Have you considered finding another home for this pet?			
Yes No			

55. Have you considered euthanasia (putting your pet 'down'/to sleep)?
☐ Yes ☐ No
On the Issue of Biting
56. How many bites have your cat inflicted on any <i>human</i> ?
0 1 2 3 4 5 >5
57. How many bites to <i>humans</i> broke the skin?
0 1 2 3 4 5 >5
58. How many bites to <i>humans</i> were reported, and to whom? (i.e. local authorities, hospital, humane
society, etc.)
Number reported: 0 1 2 3 4 5 >5
Reported to:
59. Was there legal action taken as a result of any bit to <i>humans</i> ?
☐ Yes ☐ No

60. How many total bites has your cat inflicted on any cat/dog/other animal?
0 1 2 3 4 5 >5
61. How many bites to <i>cats/dogs/other animals</i> broke the skin?
0 1 2 3 4 5 >5
62. How many bites to cats/dogs/other animals were reported, and to whom? (i.e. local authorities, hospital, humane society, etc.)
Number reported: 0 1 2 3 4 5 >5
Reported to:
63. Was there legal action taken as a result of any bite to cats/dogs/other animals?
☐ Yes ☐ No
64. Has the frequency or the intensity of the occurrence of the behaviour changed since the problem started?
☐ Yes ☐ No
If so, how and when?

Problem Development

65. Please provide a brief outline of the chronological development of the problem, including any significant incidents that you think we should know.					
66. Duration of problem: days months years					
67. Age of cat when he or she first began showing signs of the problem:					
68. Do you know if the parents engaged in similar behaviours as presented animal?					
Yes, they did No, they didn't Don't know					
If so, what behaviours were exhibited by whom?					
69. Are there any littermates that are engaging in the same behaviours? Yes, they did No, they didn't Don't know					
If so, what behaviours were exhibited by whom?					

70. What are you feeding your cat and when are you feeding him/her? Please be specific. If you meal-feed,
please let us know the brand names and times. If you leave your food free choice please give us the
brand name. If you give treats, what kind and when? As we learn more about potential effects of diet on
behaviour this information is important.

Elimination history

We know that you have already answered some questions about your cat's elimination behaviours. Here, we ask specific information that may be relevant to better understanding your cat.

How many litter boxes are available for the cat(s)?

For each box, please				
answer in the	BOX 1	BOX 2	BOX 3	BOX 4
appropriate column				
1. Is the box				
covered?				
2. What size is the				
box?				
3. Where is the box?				
4. How deep is the				
litter?				
5. Is a liner used?				
6. If liners are used				
are they scented?				
7. What kind of litter				
is used?				
8. Is this litter				
scented?				
9. Does the cat				
response				
differently to any				
of the styles of				
boxes or litters, or				
sizes of box and				
depths of litters?				
10. How frequently is				
the litter changed?				
11. How frequently is				
the litter scooped?				
12. How frequently is				
the litter box				
washed and				
replaced?				

For each box, please answer in the appropriate column	BOX 1	BOX 2	BOX 3	BOX 4
13. Are deodorants used in the cleaning process?				
14. How many cats share a box?				

	share a box?							
15	. What does the cat do	in the litter box: does	it get in, does it stand o	outside, does it dig in o	or out, et cetera?			
16	. Is the cat ever allowed							
	Free access – cat door							
	Indoor only or primarily indoor							
	Outdoor only or prima	•	oto					
	Outdoor on lead, supe	rviseu, eficioseu area	eic.					
17 	. Does the cat eliminate Eliminates where no o Eliminates in the prese	ne can see		or is the elimination b	ehaviour secret?			
18	. Will the cat immediate	elv use a freshly cleane	ed litter box?					
	Always	, 222 2233, 233000	·					
	Sometimes							
] Never							
19	. Has the cat ever had a associated with the pr	·	er or not it covers its fe any other situation or (y of that variation			

20. Does the cat ever vocalize while he or she eliminates? Always Sometimes Never
21. Will the cat spray against the back of a covered litter box? Always Sometimes Never
22. Does your cat ever use a shower, bathtub or tile floor for elimination? Always Sometimes Never
23. What other areas are ever used for elimination? Please provide a complete list with locations, substrate (eg, wood floor, chair, rug, et cetera) and frequency of use.

Aggression Screen for Cats

KEY:

- **NR** = No Reaction
- **S** = Stare
- **B** = Bite
- **H** = Hiss, Howl, Growl, Vocalize (not purr)
- **SW** = Swat/Scratch

- P = Piloerect/Arch/Puff up
- **TS** = Switch or Twitch Tail
- WD = Withdraw
- NA = Not Applicable

This screen can be used in three ways:

- 1. To note the presence or absence, at any time, of any of the behaviours
- 2. To keep as a log about the baseline behaviour, noting how many times the behaviour occurs, given the number of times it is attempted, per unit time (i.e., per week), and
- 3. To keep a log about frequencies of the occurrence behaviours, given the number of times the circumstance has been encountered, during treatment so that these numbers can be compared with (2).

Please note if the reaction is consistent in style, or only directed towards one person, or only present in one restricted circumstance. If using this screen only for the first use, note if the cat has been worsening in intensity or frequency in any category.

Please note - we want to know what your cat does when you routinely interact with it - if you don't know how your cat would react in the following circumstances, please do not try to find out because you may provoke the cat.

	NR	S	В	Н	SW	Р	TS	WD	NA
1. Take cat's food dish with food Comments (if applicable):									
2. Take cat's empty food dish Comments (if applicable):									
3. Take cat's water dish Comments (if applicable):									

4. Take food (human) that falls on floor Comments (if applicable):									
	NR	S	В	Н	SW	Р	TS	WD	NA
5. Take real bone Comments (if applicable):									
6. Take food treat Comments (if applicable):									
7. Take toy Comments (if applicable):									
8. Human approaches cat while eating Comments (if applicable):									
9. Another cat approaches cat while eating Comments (if applicable):									
10. Dog approaches cat while eating Comments (if applicable):									
11. Human approaches cat while playing with toys Comments (if applicable):									
12. Another cat approaches cat while playing with toys Comments (if applicable):									
	NR	S	В	Н	SW	Р	TS	WD	NA

13. Dog approaches cat while playing with toys Comments (if applicable):					
14. Human approaches/disturbs cat while sleeping Comments (if applicable):					
15. Cat approaches/disturbs cat while sleeping Comments (if applicable):					
16. Step over cat Comments (if applicable):					
17. Push cat off bed/couch Comments (if applicable):					
18. Reach toward cat Comments (if applicable):					
19. Reach over head Comments (if applicable):					
20. Put on harness or collar <i>Comments (if applicable):</i>					
21. Push on shoulders or rump Comments (if applicable):					

	NR	S	В	Н	SW	Р	TS	WD	NA
22. Pet cat when in lap									
Comments (if applicable):									
23. Pet cat when not in lap									
Comments (if applicable):									
24. Towel when wet									
Comments (if applicable):									
25. Bathe cat									
Comments (if applicable):									
26. Groom cat's head									
Comments (if applicable):									
27. Groom cat's body									
Comments (if applicable):									
28. Trim cat's nails									
Comments (if applicable):									
29. Put on nail caps									
Comments (if applicable):									
	_			_					
30. Stare at									
Comments (if applicable):									
		_ _	_ _	_ _	_ _		_ 	_ _	

	NR	S	В	Н	SW	Р	TS	WD	NA
31. Stranger enters room Comments (if applicable):									
32. Cat in yard – person passes Comments (if applicable):									
33. Cat in yard – cat passes Comments (if applicable):									
34. Cat in yard – dog passes Comments (if applicable):									
35. Cat enters room where cat is Comments (if applicable):									
36. Dog enters room where cat is Comments (if applicable):									
37. Cat in vet's office Comments (if applicable):									
38. Cat in boarding kennel Comments (if applicable):									
39. Cat in groomers Comments (if applicable):									

	NR	S	В	Н	SW	Р	TS	WD	NA
40. Cat yelled at									
Comments (if applicable):									
41. Cat physical punished – hit									
Comments (if applicable):									
42. Squirrels, cats, small animals'									
approach									
Comments (if applicable):									
43. Human approaches cat who is at									
top of stairs		_	_						_
Comments (if applicable):									
44. Cat removed from hiding place									
Comments (if applicable):									
45. Human body parts move under									
covers on bed									
Comments (if applicable):									
46. Crying infant									
Comments (if applicable):									
47. Playing with 2-year-old children									
Comments (if applicable):									
48. Playing with 5-7-year-old children									
Comments (if applicable):									

	NR	S	В	Н	SW	Р	TS	WD	NA
49. Playing with 8-11-year-old children Comments (if applicable):									
50. Playing with 12-16-year-old children Comments (if applicable):									

Stereotypic and Ritualistic Behaviour Sheets

Please complete this form **only** if the cat is showing any repetitive, ritualistic behaviours **that you find troublesome or about which you are concerned.**

Which of the following categories below fits your cat's behaviour?							
	ply to the cat's behaviour. Then check the best description that relates to						
the selected behaviour.							
☐ Grooming	 ☐ Chewing self ☐ Licking self ☐ Barbering/trimming hair on self ☐ Sucking self ☐ Biting self ☐ Plucking hair from self ☐ Continuously doing any of these behaviours to another individual. Please elaborate: ☐ Other, please explain: 						
☐ Hallucinatory	Staring and attending to things that are not there Tracking things that are not there Pouncing on or attacking things that are not there Other, please explain:						
☐ Consumptive	Consuming rocks Consuming dirt or soil Consuming other objects Eating, licking, sucking or chewing wool or fabric, rugs, furniture, etc. Licking or gulping air Other, please explain:						

☐ Locomotory	☐ Circling / spinning ☐ Tail-chasing ☐ Freezing ☐ Other, please explain: ☐ Circling / spinning
☐ Vocalization	Rhythmic meowing Howling Growling Other, please explain:

This next section focuses on *patterns* of behaviours. Please indicate the appropriate answer (YES/NO/UNCERTAIN) for each of the following questions. Please feel free to add any information that you think might be helpful. If you choose 'yes', please describe in detail what is ongoing and, if relevant, who or what might be involved. If no one is home often enough to know or the cat cannot be reliably observed, please choose 'uncertain'.

		Yes	No	Uncertain
1.	Was there a change in the household or an event associated with the development of the behaviour?	If yes, please describe in detail:		
2.	Is there any time of day when the behaviour seems more or less intense?	If so, please describe in detail what is usually going on at that time of day:		
3.	Is there a person or another pet in the presence of whom the behaviour seems more intense?	If yes, who is this and what is their association to the pet?		

4.	Does the cat respond to its name or seem aware of its surroundings while in the midst of the behaviour?	If yes, please describe in detail:	
5.	Is the cat aware that you are calling him/her?	If yes, how can you tell?	
6.	Can you convince the cat to stop the behaviour by:	Calling him or her?	
		Using physical restraint?	
7.	Are there things (i.e. noises, treats, toys) – if any – will interrupt the behaviour once it has started?	If yes, please describe in detail/list the items:	
8.	Is there a location in which the cat prefers to perform the behaviour?	If yes, where?	
9.	Does your cat ingest objects? If your cat ingests objects, specifically, what types of objects are consumed? Be as specific as possible – what type of rug or sweater fabric (e.g., cotton only, merino wool only, all natural fabrics, et cetera)?	If yes, please describe in detail/list types of objects:	
10.	Does any event or behaviour routinely occur immediately before the behaviour begins?	If yes, what?	

Does any event or behaviour routinely occur immediately after the behaviour ceases?	If yes, what?	
12. Has the cat's general behaviour changed in any way since the onset of the atypical behaviour (i.e. the cat is more or less aloof, aggressive, withdrawn, playful etc.)?	If yes, please specify?	
13. Has the cat's diet recently been changed?	If yes, what – specifically – was the change?	
14. How old was your cat when this ritualistic behaviour began?	Age in months:	
15. Did anyone else in the cat's family exhibit these or similar behaviours?	If yes, please list:	
16. Is there a pattern to the behaviour? What are the duration, frequency, characteristics of the events themselves?	Duration (days/weeks/months): Pattern (after meals, in AM, etc. – please specify):	

Questionnaire to Evaluate Behaviours of Old Cats

Please complete this section *ONLY* if your pet is elderly <u>or</u> if your complaints have to do with possible agerelated changes.

Behaviour screen for age associated changes:

1	Locomotory/ambulatory assessment (tick only 1)
	25 comotor y, ambarator y assessment (tien only 2)
	No alterations or debilities noted
	Modest slowness associated with aging from youth to adult
	Moderate slowness associated with aging
	Moderate slowness associated with aging plus alteration or debility in gait (e.g., limps, occasionally trips)
	Moderate slowness associated with aging plus some loss of function (e.g., cannot climb stairs)
	Severe slowness associated with extreme loss of function, particularly on slick surfaces (may need to be
car	ried or need a support harness)
	Severe slowness, extreme loss of function, and decreased willingness or interest in locomoting (spends most
of t	ime in bed)
	Paralyzed or refuses to move
2.	Appetite assessment (may tick more than 1)
	No alterations in appetite
	Change in ability to physically handle food
	Change in ability to retain food (vomits or regurgitates)
	Change in ability to find food when offered, dropped or in dish
_	Change in interest in food (may be olfactory, having to do with the ability to smell)
_	Change in rate of eating
	Change in completion of eating
	Change in timing of eating
_	Change in preferred textures
3.	Assessment of elimination function (tick only 1 in each category)
	nges in frequencies and "accidents"
=	No change in frequency and no "accidents"
=	Increased frequency, no "accidents"
	Decreased frequency, no "accidents"
=	Increased frequency with "accidents"
	Decreased frequency with "accidents"
Ш	No change in frequency, with "accidents"

Bladder control
Leaks urine when asleep, only
Leaks urine when awake, only
Leaks urine when awake or asleep
Full-stream, uncontrolled urination when asleep, only
Full-stream, uncontrolled urination when awake, only
Full-stream, uncontrolled urination when awake or asleep
No leakage or uncontrolled urination, but urinates in inappropriate or undesirable location
No change in urination control or behaviour
Bowel control – please select the appropriate answer for the description you choose
Defecates when asleep
a. Formed stool
b. Diarrhea
c. Mixed
☐ Defecates without apparent awareness
a. Formed stool
b. Diarrhea
c. Mixed
Defecates when awake and aware of action, but in inappropriate or undesirable locations
a. Formed stool
b. Diarrhea
c. Mixed
☐ No change in bowel control
4. Visual acuity - how well does the client think the dog sees? (tick only 1)
Some change in acuity dependent on ambient light conditions
Some change in acuity <i>not</i> dependent on ambient light conditions
Extreme change in acuity dependent on ambient light conditions
Extreme change in acuity <i>not</i> dependent on ambient light conditions
Blind
5. Auditory acuity – how well does the client think the dog hears (tick only 1)
No apparent change in auditory acuity
Some decrement in hearing – not responding to sounds to which the dog used to respond
Extreme decrement in hearing – have to make sure the dog is paying attention or repeat signals or go get the
dog when called
Deaf – no response to sounds of any kind

6.	Play interactions - if the cat plays with toys (other pets are addressed later), which situation best describes
	that play? (tick only 1)
Ļ	No change in play with toys
L	Slightly decreased interest in toys, only
	Slightly decreased ability to play with toys, only
L	Slightly decreased interest and ability to play with toys
	Extreme decreased interest in toys, only
	Extreme decreased ability to play with toys, only
	Extreme decreased interest and ability to play with toys
	This cat has never played with toys
7.	Interactions with humans - which situation best describes that interaction? (tick only 1)
	No change in interaction with people
	Recognizes people but slightly decreased frequency of interaction
	Recognizes people but greatly decreased frequency of interaction
	Withdrawal but recognizes people
	Does not recognize people
	This cat has never really interacted with people
8.	Interactions with other pets - which situation best describes that interaction? (tick only 1)
	No change in interaction with other pets
	Recognizes other pets but slightly decreased frequency of interaction
	Recognizes other pets but greatly decreased frequency of interaction
	Withdrawal but recognizes other pets
	Does not recognize other pets
	No other pets or animal companions in house or social environment
	This cat has never really interacted with other dogs or cats
9.	Changes in sleep / wake cycle (tick only 1)
	No changes in sleep patterns
	Sleeps more in day, only
	Some change - awakens at night and sleeps more in day
	Much change - profoundly erratic nighttime and irregular daytime patterns
	Sleeps virtually all day, awake occasionally at night
	Sleeps almost around the clock

10.	Is there anything else you think we should know? If you think you have observed something interesting –
	even if you don't understand it – please tell us. THANK YOU!