

# VETERINARY TEACHING HOSPITAL ATLANTIC VETERINARY COLLEGE

# AVC Behavioural Medicine Service Karen L. Overall, MA, VMD, PhD, DACVB – Head of service (<u>koverall@upei.ca</u>) Camille Squair, DVM – Resident (<u>csquair@upei.ca</u>)

This information sheet is intended to review policies and procedures, to explain the appointment costs and structure, and to explain the type of information we will need to help your cat.

### Instructions for appointments:

### Appointment duration and costs

Appointments/consultations for cats with Dr. Overall and/or Dr. Squair cost \$325 for in-person consultations or long distance consultations. The same forms are used for each type of consultation, and the same videos are required. In person consultations will take approximately 1.5 hours. If additional pets are actually directly involved in the problem or have problems of their own there will be an additional charge of \$50-150 pet, depending on level of complexity. Pets who are accompanying the patient, or who do not require separate histories, diagnoses, and treatment protocols are seen at no additional charge.

For all but the most exceptional cat, distance consultations are really a better choice because – due to their evolutionary history – cats just do not show us the behaviours we need to see when we bring them into an office. We can do as well and generally much better with videos, a good history and a 30-45 minute Zoom call. For distance consultations we use the same forms and videos as we would for the in-person call, but we create the consult after reviewing them and then discuss the consult and any outstanding issues or changes needed to the plan with the client after the client has reviewed the consult. After the wrap-up Zoom call, we prepare the final copy of the consult and send it to both the client and the referring veterinarian who is the veterinarian of record and dispenses medication or prescriptions.

This initial charge includes *all* telephone and email follow-up. We have learned that the vast majority of these cases do extraordinarily well with email follow-up, many of them over years. Follow-up may involve sending video. If it is clear from the emails, videos, or simply the length of time that has passed since the initial appointment that a re-exam will help, one will be recommended. Of course, clients are also welcome to schedule a re-exam anytime they think it will help.

Re-exams may vary in time and content and cost \$125. Some clients feel that they do not need re-exams and that can be a fine decision if they understand that one is always available and if they keep communicating by email. Any time someone has a question, a problem, a worry, or there has been a behavioural change that doesn't make sense...we want to hear from you.

Any patient who is taking medication should have a full annual laboratory evaluation done (lab work) that includes a complete blood count (CBC), chemistry panel and urinalysis (UA). If you wish, this can be done by your referring veterinarian and you can bring the results to your re-exam. Clients who are too far for annual re-exams should email updates and their annual lab work results to Drs. Overall and Squair and to AVC. Referring veterinarians should feel free to email questions.

We will also need recent (no older than 3 months) lab work if your cat is going to be taking medication. You are welcome to have your veterinarian draw blood for the lab work and send or bring us the result, or we can take the blood and do the needed tests. Please note: we use fear, distress and restraint reducing handling techniques for all of our medical procedures. This means that we will use lidocaine cream to numb the skin over the vein from which we will draw blood, and we use double-ended catheters and self-filling tubes.

All first and full re-exam appointments will result in letters being sent to your veterinarian unless you explicitly ask us not to send a letter. We understand the personal nature of appointments in veterinary behavioural medicine and respect your privacy.

### Materials and information needed for an appointment:

To proceed with your appointment we will the following materials sent to us via email or post **before** your appointment:

- We will need a completed set of the attached history forms. *Please note that these can be completed as a Word document and attached to an email.* Also please note that it will take you 20-40 minutes to complete these forms, depending on the level of detail.
- 2. We will need a video of the behaviours that concern you. Please note, *if the behaviours about which you are concerned are not ones that are likely to be seen in public and we do not have a video we cannot do the best possible job.*

The video should:

- show the behaviour(s) about which you are concerned, excepting any injurious behaviour,
- give a brief tour of the cat's environment (house/apartment and yard), and
- show any other relevant facets of the patient's life (e.g., where your cat sleeps, sits, eats, drinks, walks, plays, interaction with other animals, et cetera).

If aggression with injury is one of the complaints, *please do not provide a video of the cat biting someone, and do not put anyone in a situation where any aggression may be provoked or which may scare or distress the cat or anyone else.* If aggression is a concern, other behaviours will be indicative of it. Please do not scare or put anyone at risk to make a video.

Videos can be provided in the following formats:

- via a downloadable link (PREFERRED)
- DVD

- Flash drive
- Email attachment
- YouTube link

Please note that our formats are mpeg and avi.

Please keep a copy of the videos since *they will not be returned*. Videos and/or photos may also be taken during the appointment. Any videos/photos used to evaluate the patient, including those you have taken, become part of the record and may be used *anonymously* in all modes of teaching (including teaching staff or other clients) and/or research.

3. We will need a copy of your cat's medical record, including proof of vaccination for rabies (or an adequate titer), or a letter from your veterinarian summarizing the important medical history and providing proof of vaccination for rabies (or an adequate titer).

A referral letter will be sent to your veterinarian, unless you explicitly request that this is not done. Please complete the contact information for your veterinarian, below.

Name of veterinarian:

Veterinarian's address:

Veterinarian's telephone #:

Veterinarian's fax #:

Veterinarian's e-mail:

PLEASE DO NOT SEND A LETTER TO MY VETERINARIAN.

#### AVC BEHAVIOURAL MEDICINE FELINE QUESTIONNAIRE

The questionnaire that follows focuses on all aspects of your cat's behaviour and health issues that could contribute to any behavioural concerns. This questionnaire has been published<sup>1</sup>. To interpret this information in the most detailed possible light it would be helpful for you to list your cat's weight and your cat's body condition score. If you do not know your cat's body condition score, please go to the websites listed to see the scoring systems routinely used.

Cat's weight: kg or lb Body condition score/BCS: http://www.pet-slimmers.com/shapecat.htm

Date:

#### Please complete the pages below as accurately as possible.

| 1. Pet's name                                |                          |
|--|--------------------------|
| 2. Owner / Client's name                     |                          |
| 3. Owner's address                           | Address:                 |
|  | City/Province/State:     |
|  | Postal Code/Zip Code:    |
| 4. Owner's home phone number                 |                          |
| 5. Owner's office phone number               |                          |
| 6. Owner's fax number                        |                          |
| 7. Owner's email address                     |                          |
| 8. Breed of cat                              |                          |
| 9. Sex of cat                                |                          |
| 10. Cat's date of birth (if known)           | Day/Month/Year:          |
| 11. Cat's age at completion of this question | nnaire, in months        |
| months                                       |                          |
| 12. Age in weeks at which your cat was ad    | opted? weeks OR months   |
| 13. Has this cat been neutered/spayed?       | Yes No                   |
| 14. If your cat is castrated or spayed (neut | ered) at weeks OR months |
| what age was this done?                      |                          |
| 15. Has this cat had other owners?           | Yes. No                  |
|  |                          |
|  | If yes, how many?        |
|  | 1 2 3 4 5+ unknown       |

<sup>&</sup>lt;sup>1</sup> K.L. Overall, Clinical Behavioural Medicine for Small Animals, Mosby, St. Louis, 1997; revised 2000, 2002, 2007, 2010; and Overall, K.L. Manual of Clinical Behavioural Medicine for Dogs and Cats, Elsevier, St. Louis, 2013.

|  | Why was this pet given up/relinquished? |
|--|---|
|  |   |
|  |   |
|  |   |
| 16. How long have you had this cat?                  | months                                  |
| 17. Where did you get this cat?                      | Serious show breeder                    |
| 17. Where did you get this cat:                      | Breeder who doesn't show                |
|  | Found (or cat found you)                |
|  | SPCA/humane society                     |
|  | Friend                                  |
|  | Bred from one of your cats              |
|  | Other (please specify):                 |
|  |   |
|  |   |
|  |   |
| 18. When was your last complete veterinary check-    | Date:                                   |
| up?  |   |
| 19. Does this cat have any physical problems that    | Yes No                                  |
| your veterinarian has noted?                         | If yes, what specifically?              |
|  |   |
|  |   |
|  |   |
|  |   |
| 20. Is your cat taking any medication for any of the | Yes No                                  |
| medical problems discussed above?                    | If yes, what specifically?              |
|  |   |
|  |   |
|  |   |
|  |   |
| 21. Is your cat taking any medication for any        | Yes No                                  |
| behavioural problems?                                | If yes, what specifically?              |
|  |   |
|  |   |
|  |   |
| 22. Is your cat:                                     | Indoor, only                            |
|  | Outdoor, only                           |
|  | Indoor/outdoor                          |
|  |   |
|  |   |

| 23. How many litter boxes does your cat have?                  | 0 1 2 3 4 5+                             |
|--|--|
| 24. What types of litter do you use?                           |  |
|  |  |
|  |  |
|  |  |
| 25. How often do you change the litter box                     | times weekly OR                          |
| completely?  | times monthly                            |
| 26. How often do you scoop the litter box?                     | times weekly OR                          |
| 27 Dess your set leave wine or feese systeme the               | times monthly<br>Yes No Don't know       |
| 27. Does your cat leave urine or feces outside the litter box? | If you answered yes:                     |
|  | a. Urine – where specifically?           |
|  | a. Office where specifically:            |
|  |  |
|  |  |
|  |  |
|  | b. Feces – where specifically?           |
|  |  |
|  |  |
|  |  |
|  |  |
|  | c. Both – where specifically?            |
|  |  |
|  |  |
|  |  |
|  |  |
| 28. Does your cat spray?                                       | Yes No Don't know                        |
|  | If you answered yes, where specifically: |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |

| 29. Do you have any concerns, complaints, or | Yes No   |
|--|--|
| problems with urination in the house now?    |  |
|  | If you answered yes:                                       |
|  | a. Where is the cat urinating that you find                |
|  | undesirable (list all areas)?                              |
|  |  |
|  |  |
|  |  |
|  |  |
|  | b. How many times per week is the cat urinating in         |
|  | places you find undesirable?                               |
|  |  |
|  |  |
|  |  |
|  | c. At what time of day is the urination occurring?         |
|  |  |
|  |  |
|  |  |
|  |  |
|  | d. Is the pattern different on days when you are           |
|  | home and days you are not home?                            |
|  |  |
|  |  |
|  |  |
|  |  |
|  | e. Are you at work during the hours when the cat urinates? |
|  | undes:   |
|  |  |
|  |  |
|  |  |
|  |  |
| L  | 1  |

|  | f. How many times per day does your cat usually     |
|--|---|
|  | urinate when he or she is not urinating in places   |
|  | you find undesirable?                               |
|  |   |
|  |   |
|  |   |
|  |   |
|  |   |
|  |   |
| 30. Do you have any concerns, complaints, or | Yes No  |
| problems with defecation in the house now?   |   |
|  | If you answered yes:                                |
|  |   |
|  | a. where is the cat defecating that you find        |
|  | undesirable (list all areas)?                       |
|  |   |
|  |   |
|  |   |
|  |   |
|  |   |
|  |   |
|  | b. How many times per week is the cat defecating in |
|  | places you find undesirable?                        |
|  |   |
|  |   |
|  |   |
|  |   |
|  |   |
|  | c. At what time of day is the defecation occurring? |
|  |   |
|  |   |
|  |   |
|  |   |
|  |   |
|  | d. Is the pattern different on days when you are    |
|  |   |
|  | home and days you are not home?                     |
|  |   |
|  |   |
|  |   |
|  |   |
|  |   |
|  |   |

|  | e. Are you at work during the hours when the cat defecates?   |
|--|---|
|  | f. How many times per day does your cat usually<br>urinate when he or she is not urinating in places<br>you find undesirable?   |
| 31. Did your cat destroy any objects while teething? | Yes No Unknown<br>If you answered <i>yes</i> , what objects - specifically - did<br>the cat destroy? Please list all of them and note<br>which - if any - you had given the cat as toys or to<br>play with by putting a * next to them. |

| 32. Does your cat destroy any objects or anything else by chewing, sucking, or eliminating on them | Yes No  |                            |                 |
|--|---|----------------------------|-----------------|
| (e.g., furniture, rugs, clothes, et cetera) now?   | If you answered <i>yes</i> , what objects - specifically - does<br>the cat destroy? Please list all of them and note<br>which are destroyed when you are home or not<br>home - please note that of they destroy at both times<br>- tick both columns: |                            |                 |
|  | Object  | When home                  | When gone       |
|  |   |                            |                 |
|  |   |                            |                 |
|  |   |                            |                 |
|  |   |                            |                 |
| 33. Does your cat mouth, bite, suck, or nip anything or anyone?                                    | Yes No a. If you answere mouth?   | d <i>yes</i> , what or who | m does the cat  |
|  | <ul> <li>b. If you answere apply):</li> <li>Bite</li> <li>Suck</li> <li>Mouth</li> <li>Nip</li> <li>Lick</li> <li>Chew</li> <li>Other:</li> </ul>   | d <i>yes,</i> does the cat | (check all that |
|  | Is this a problem f   | or you? 🗌 Yes 🗌            | No              |

| 34. Does your cat exhibit any vocalization about  | Yes No  |
|---|---|
| which you are concerned?                          |   |
|   | If you answered yes, what is/are the vocalization(s):     |
|   | Vowling/'barking"   |
|   | Growling  |
|   | Howling   |
|   | Hissing   |
|   | Other (please specify):                                   |
|   |   |
|   |   |
|   |   |
|   |   |
|   | When do the vocalization(s) occur?                        |
|   |   |
|   |   |
|   |   |
|   |   |
| 35. Does your cat show any signs of growling,     | Yes No  |
| yowling, hissing, or biting?                      |   |
|   | If you answered <i>yes</i> , what is/are the sign(s) they |
|   | show:   |
|   | Vowling   |
|   |   |
|   | Hissing   |
|   | Biting  |
|   |   |
|   | When do they occur?                                       |
|   |   |
|   |   |
|   |   |
|   |   |
|   |   |
| 36. Have you ever been concerned that your cat is | Yes No  |
| "aggressive" to people?                           |   |
|   | If you answered yes, why?                                 |
|   |   |
|   |   |
|   |   |
|   |   |
|   |   |

| 37. Have you ever been concerned that your cat is   | Yes No   |
|---|--|
| "aggressive" to animals other than cats?            |  |
|   | If you answered yes, why?                          |
|   |  |
|   |  |
|   |  |
|   |  |
|   |  |
| 38. Does your cat hunt or prey on other animals?    | Yes No   |
|   |  |
|   | If you answered yes, which animals and where?      |
|   |  |
|   |  |
|   |  |
|   |  |
| 39. Has your cat ever bitten or clawed anyone,      | Yes No   |
| regardless of the circumstances?                    |  |
|   |  |
|   | If you answered yes, what happened?                |
|   |  |
|   |  |
|   |  |
|   |  |
| 40. Has your cat had any changes in sleep habits?   | Yes No   |
|   |  |
|   |  |
|   | If you answered yes, what are these, specifically? |
|   |  |
|   |  |
|   |  |
|   |  |
| 41. Has your cat had any changes in eating habits?  | Yes No   |
| 41. Thas your cat had any changes in eating habits: |  |
|   |  |
|   | If you answered yes, what are these, specifically? |
|   |  |
|   |  |
|   |  |
|   |  |
|   |  |

| 42. Has anyone ever told you that they were afraid of | Yes No   |
|---|--|
| your cat?   | If you answered <i>yes,</i> what did they say?             |
|   | In you answered yes, what did they say:                    |
|   |  |
|   |  |
|   |  |
|   |  |
|   |  |
|   |  |
| 43. Has anyone every told you that your cat was ill-  | Yes No   |
|   |  |
| mannered?   |  |
|   |  |
|   | If you answered <i>yes,</i> why - what did the cat do that |
|   | made them say this?  |
|   |  |
|   |  |
|   |  |
|   |  |
|   |  |
|   |  |
|   |  |
| 44. Do you have any concerns about your cat's         | Yes No   |
| grooming behaviours?                                  |  |
|   | If you answered yes, select all that apply:                |
|   | Little to no grooming                                      |
|   |  |
|   |  |
|   | Chewing  |
|   | Licking  |
|   | -  |
|   | Self-mutilation/sores                                      |
|   | Barbering/trimming   |
|   | Plucking out clumps of hair                                |
|   | Other:   |
|   |  |
|   |  |
|   |  |
|   |  |
| 45. Is the cat exhibiting any behaviours about which  | Yes No   |
|   |  |
| you are concerned, worried or would like more         |  |
| information?  | If you answered <u>yes</u> , please list these behaviours  |
|   | below:   |
|   |  |
|   |  |
|   |  |
|   |  |
|   |  |
|   |  |
|   |  |

| Name      | Sex | Age | <b>Relationship</b> (e.g.<br>husband, wife) | Occupation       |
|-----------|-----|-----|---|------------------|
| Ex. Maria | F   | 45  | self  | Rocket scientist |
|           |     |     |   |                  |
|           |     |     |   |                  |
|           |     |     |   |                  |
|           |     |     |   |                  |
|           |     |     |   |                  |
|           |     |     |   |                  |
|           |     |     |   |                  |
|           |     |     |   |                  |
|           |     |     |   |                  |

# 46. Please list the people, **including yourself**, currently living in the household now.

47. Please list all the **animals** (include all pets, even non-cats) in the household.

| Name | Order<br>Obtained | Breed | Sex* | Age<br>Obtained<br>(Months) | Age Now<br>(Months) | Any<br>Physical<br>Illness?<br>(Y/N) | Any<br>Behavioural<br>Illness?<br>(Y/N) |
|------|-------------------|-------|------|-----------------------------|---------------------|--------------------------------------|---|
|      |                   |       |      |                             |                     |                                      |   |
|      |                   |       |      |                             |                     |                                      |   |
|      |                   |       |      |                             |                     |                                      |   |
|      |                   |       |      |                             |                     |                                      |   |
|      |                   |       |      |                             |                     |                                      |   |
|      |                   |       |      |                             |                     |                                      |   |
|      |                   |       |      |                             |                     |                                      |   |
|      |                   |       |      |                             |                     |                                      |   |
|      |                   |       |      |                             |                     |                                      |   |
|      |                   |       |      |                             |                     |                                      |   |
|      |                   |       |      |                             |                     |                                      |   |
|      |                   |       |      |                             |                     |                                      |   |
|      |                   |       |      |                             |                     |                                      |   |

\* Male = male intact/entire, F = female intact/entire, MC = male castrated/neutered, FS = female spayed/neutered

48. If anyone, above, has been identified as having a medical problem (Y), what is the problem?

49. If anyone, above, has been identified as having a behavioural problem (Y), what is the problem?

50. Please describe, in detail, how you prepare to leave the house when the cat will be left alone. Do you ignore the cat, do you seek him or her and say goodbye, do you make a fuss, etc.?

51. What does your cat do as you prepare to leave?

52. Please list your cat's behavioural concerns and let us know how much of a problem you consider the behaviour. **Please tick relevant degree of concern.** 

| Complaint Number | Specific Compliant/Problem | Very Serious? | Serious? | Not Serious? |
|------------------|----------------------------|---------------|----------|--------------|
| 1.               |                            |               |          |              |
| 2.               |                            |               |          |              |
| 3.               |                            |               |          |              |
| 4.               |                            |               |          |              |
| 5.               |                            |               |          |              |

For the complaints numbered above, please estimate the frequency of occurrence of the undesirable behaviour. *For example, the cat may hiss at new people in the home weekly, but he hisses at them 100% of the time he sees them – he may see them only weekly.* 

### Complaint 1:

| Frequency            | Percentage of time undesirable behaviour occurs |
|----------------------|---|
| Daily Weekly Monthly | Less than 25%<br>25-50%<br>51-75%<br>76-100%    |

# Complaint 2:

| Frequency            | Percentage of time undesirable behaviour occurs                                    |
|----------------------|--|
| Daily Weekly Monthly | <ul> <li>Less than 25%</li> <li>25-50%</li> <li>51-75%</li> <li>76-100%</li> </ul> |

# Complaint 3:

| Frequency  | Percentage of time undesirable behaviour occurs                                    |
|--|--|
| <ul> <li>Daily</li> <li>Weekly</li> <li>Monthly</li> </ul> | <ul> <li>Less than 25%</li> <li>25-50%</li> <li>51-75%</li> <li>76-100%</li> </ul> |

# Complaint 4:

| Frequency            | Percentage of time undesirable behaviour occurs                                    |
|----------------------|--|
| Daily Weekly Monthly | <ul> <li>Less than 25%</li> <li>25-50%</li> <li>51-75%</li> <li>76-100%</li> </ul> |

# Complaint 5:

| Frequency              | Percentage of time undesirable behaviour occurs                                    |
|------------------------|--|
| Daily U Weekly Monthly | <ul> <li>Less than 25%</li> <li>25-50%</li> <li>51-75%</li> <li>76-100%</li> </ul> |

53. Please describe the last 3 or 4 events where you felt that your pet's behaviour was problematic. Please include the relevant circumstances and what your response was.

54. If your pet has what you perceive to be a problem, why have you kept the pet despite this problem?

55. Are you concerned that you may have caused the problem?

🗌 Yes 🗌 No

56. Do you feel guilty about this problem?

🗌 Yes 🗌 No

57. Have you considered finding another home for this pet?

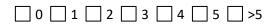
🗌 Yes 🗌 No

58. Have you considered euthanasia (putting your pet 'down'/to sleep)?

🗌 Yes 🗌 No

### On the Issue of Biting

59. How many bites have your cat inflicted on any *human*?



60. How many bites to *humans* broke the skin?

| 0 | 1 | 2 | 3 | 4 | 5 | >5 |
|---|---|---|---|---|---|----|
| - | - |   | - |   | - | -  |

61. How many bites to *humans* were reported, and to whom? (i.e. local authorities, hospital, humane society, etc.)

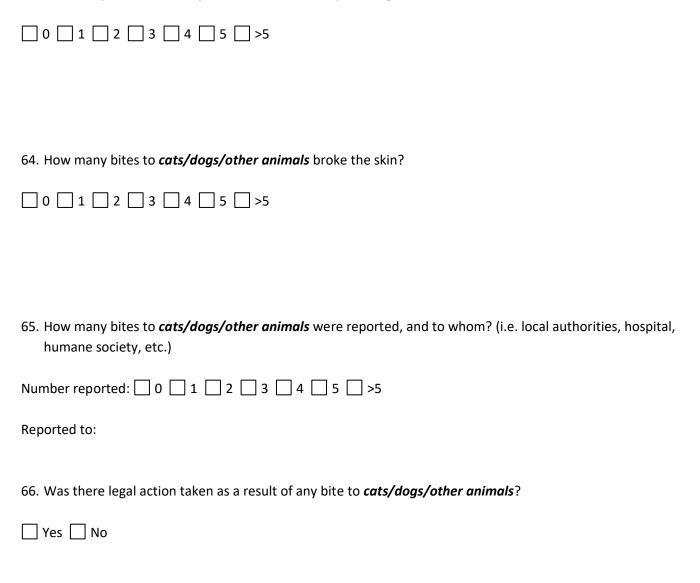
Number reported: 0 1 2 3 4 5 >5

Reported to:

62. Was there legal action taken as a result of any bit to *humans*?

🗌 Yes 🗌 No

63. How many total bites has your cat inflicted on any *cat/dog/other animal*?



67. Has the frequency or the intensity of the occurrence of the behaviour changed since the problem started?

🗌 Yes 🗌 No

If so, how and when?

#### **Problem Development**

68. Please provide a brief outline of the chronological development of the problem, including any significant incidents that you think we should know.

69. Duration of problem: days months years

- 70. Age of cat when he or she first began showing signs of the problem:
- 71. Do you know if the parents engaged in similar behaviours as presented animal?

| Yes, they did   |
|-----------------|
| No, they didn't |
| Don't know      |

If so, what behaviours were exhibited by whom?

#### 72. Are there any littermates that are engaging in the same behaviours?

| ļ | Yes, they did   |
|---|-----------------|
|   | No, they didn't |
|   | Don't know      |

If so, what behaviours were exhibited by whom?

73. What are you feeding your cat and when are you feeding him/her? Please be specific. If you meal-feed, please let us know the brand names and times. If you leave your food free choice please give us the brand name. If you give treats, what kind and when? As we learn more about potential effects of diet on behaviour this information is important.

# **Elimination history**

We know that you have already answered some questions about your cat's elimination behaviours. Here, we ask specific information that may be relevant to better understanding your cat.

# How many litter boxes are available for the cat(s)?

| For each box, please   |       |       |       |       |
|------------------------|-------|-------|-------|-------|
| answer in the          | BOX 1 | BOX 2 | BOX 3 | BOX 4 |
| appropriate column     |       |       |       |       |
| 1. Is the box          |       |       |       |       |
| covered?               |       |       |       |       |
| 2. What size is the    |       |       |       |       |
| box?                   |       |       |       |       |
| 3. Where is the box?   |       |       |       |       |
| 4. How deep is the     |       |       |       |       |
| litter?                |       |       |       |       |
| 5. Is a liner used?    |       |       |       |       |
|                        |       |       |       |       |
| 6. If liners are used  |       |       |       |       |
| are they scented?      |       |       |       |       |
| 7. What kind of litter |       |       |       |       |
| is used?               |       |       |       |       |
| 8. Is this litter      |       |       |       |       |
| scented?               |       |       |       |       |
| 9. Does the cat        |       |       |       |       |
| response               |       |       |       |       |
| differently to any     |       |       |       |       |
| of the styles of       |       |       |       |       |
| boxes or litters, or   |       |       |       |       |
| sizes of box and       |       |       |       |       |
| depths of litters?     |       |       |       |       |
| 10. How frequently is  |       |       |       |       |
| the litter changed?    |       |       |       |       |
| 11. How frequently is  |       |       |       |       |
| the litter scooped?    |       |       |       |       |
| 12. How frequently is  |       |       |       |       |
| the litter box         |       |       |       |       |
| washed and             |       |       |       |       |
| replaced?              |       |       |       |       |

| For each box, please<br>answer in the | BOX 1 | BOX 2 | BOX 3 | BOX 4 |
|---------------------------------------|-------|-------|-------|-------|
| appropriate column                    |       |       |       |       |
| 13. Are deodorants                    |       |       |       |       |
| used in the                           |       |       |       |       |
| cleaning process?                     |       |       |       |       |
| 14. How many cats                     |       |       |       |       |
| share a box?                          |       |       |       |       |

15. What does the cat do in the litter box: does it get in, does it stand outside, does it dig in or out, et cetera?

16. Is the cat ever allowed outside?

Free access – cat door

Indoor only or primarily indoor

Outdoor only or primarily outdoor

Outdoor on lead, supervised, enclosed area etc.

17. Does the cat eliminate in the presence of other animals or people, or is the elimination behaviour secret?

Eliminates where no one can see

Eliminates in the presence of humans or other animals

18. Will the cat immediately use a freshly cleaned litter box?

Always

Sometimes

Never

19. Has the cat ever had any variation in whether or not it covers its feces or urine, and is any of that variation associated with the presence or absence of any other situation or cat?

20. Does the cat ever vocalize while he or she eliminates?

Always

Sometimes

- Never
- 21. Will the cat spray against the back of a covered litter box?

Always

Sometimes

Never

22. Does your cat ever use a shower, bathtub or tile floor for elimination?

Always

Sometimes

Never

23. What other areas are ever used for elimination? Please provide a complete list with locations, substrate (eg, wood floor, chair, rug, et cetera) and frequency of use.

### **Aggression Screen for Cats**

#### KEY:

- **NR** = No Reaction
- **S** = Stare
- **B** = Bite
- **H** = Hiss, Howl, Growl, Vocalize (not purr)
- SW = Swat/Scratch

- **P** = Piloerect/Arch/Puff up
- **TS** = Switch or Twitch Tail
- WD = Withdraw
- NA = Not Applicable

This screen can be used in three ways:

- 1. To note the presence or absence, at any time, of any of the behaviours
- 2. To keep as a log about the baseline behaviour, noting how many times the behaviour occurs, given the number of times it is attempted, per unit time (i.e., per week), and
- 3. To keep a log about frequencies of the occurrence behaviours, given the number of times the circumstance has been encountered, during treatment so that these numbers can be compared with (2).

Please note if the reaction is consistent in style, or only directed towards one person, or only present in one restricted circumstance. If using this screen only for the first use, note if the cat has been worsening in intensity or frequency in any category.

Please note - we want to know what your cat does when you routinely interact with it - if you don't know how your cat would react in the following circumstances, please do not try to find out because you may provoke the cat.

|   | NR | S | В | Н | SW | Р | TS | WD | NA |
|---|----|---|---|---|----|---|----|----|----|
| 1. <b>Take cat's food dish with food</b><br><i>Comments (if applicable):</i>                    |    |   |   |   |    |   |    |    |    |
| 2. <b>Take cat's empty food dish</b><br><i>Comments (if applicable):</i>                        |    |   |   |   |    |   |    |    |    |
| 3. Take cat's water dish<br>Comments (if applicable):   |    |   |   |   |    |   |    |    |    |
| <ul> <li>4. Take food (human) that falls on floor</li> <li>Comments (if applicable):</li> </ul> |    |   |   |   |    |   |    |    |    |

|   | NR | S | В | Н | SW | Р | TS | WD | NA |
|---|----|---|---|---|----|---|----|----|----|
| 5. <b>Take real bone</b><br><i>Comments (if applicable):</i>  |    |   |   |   |    |   |    |    |    |
| 6. <b>Take food treat</b><br><i>Comments (if applicable):</i>   |    |   |   |   |    |   |    |    |    |
| 7. <b>Take toy</b><br>Comments (if applicable):   |    |   |   |   |    |   |    |    |    |
| 8. Human approaches cat while<br>eating<br>Comments (if applicable):                                    |    |   |   |   |    |   |    |    |    |
| 9. Another cat approaches cat while<br>eating<br>Comments (if applicable):                              |    |   |   |   |    |   |    |    |    |
| 10. Dog approaches cat while eating <i>Comments (if applicable):</i>                                    |    |   |   |   |    |   |    |    |    |
| <ol> <li>Human approaches cat while<br/>playing with toys</li> <li>Comments (if applicable):</li> </ol> |    |   |   |   |    |   |    |    |    |
| 12. Another cat approaches cat while<br>playing with toys<br>Comments (if applicable):                  |    |   |   |   |    |   |    |    |    |

|   | NR | S | В | Н | SW | Р | TS | WD | NA |
|---|----|---|---|---|----|---|----|----|----|
| 13. Dog approaches cat while playing<br>with toys<br>Comments (if applicable):                                  |    |   |   |   |    |   |    |    |    |
| <ul><li>14. Human approaches/disturbs cat<br/>while sleeping</li><li><i>Comments (if applicable):</i></li></ul> |    |   |   |   |    |   |    |    |    |
| 15. Cat approaches/disturbs cat<br>while sleeping<br>Comments (if applicable):                                  |    |   |   |   |    |   |    |    |    |
| 16. <b>Step over cat</b><br><i>Comments (if applicable):</i>  |    |   |   |   |    |   |    |    |    |
| 17. <b>Push cat off bed/couch</b><br><i>Comments (if applicable):</i>   |    |   |   |   |    |   |    |    |    |
| 18. <b>Reach toward cat</b><br><i>Comments (if applicable):</i>   |    |   |   |   |    |   |    |    |    |
| 19. <b>Reach over head</b><br><i>Comments (if applicable):</i>  |    |   |   |   |    |   |    |    |    |
| 20. <b>Put on harness or collar</b><br><i>Comments (if applicable):</i>   |    |   |   |   |    |   |    |    |    |
| 21. <b>Push on shoulders or rump</b><br><i>Comments (if applicable):</i>  |    |   |   |   |    |   |    |    |    |

|  | NR | S | В | Н | SW | Р | TS | WD | NA |
|--|----|---|---|---|----|---|----|----|----|
| 22. <b>Pet cat when in lap</b><br><i>Comments (if applicable):</i>     |    |   |   |   |    |   |    |    |    |
| 23. <b>Pet cat when not in lap</b><br><i>Comments (if applicable):</i> |    |   |   |   |    |   |    |    |    |
| 24. <b>Towel when wet</b><br><i>Comments (if applicable):</i>          |    |   |   |   |    |   |    |    |    |
| 25. <b>Bathe cat</b><br><i>Comments (if applicable):</i>               |    |   |   |   |    |   |    |    |    |
| 26. <b>Groom cat's head</b><br><i>Comments (if applicable):</i>        |    |   |   |   |    |   |    |    |    |
| 27. <b>Groom cat's body</b><br><i>Comments (if applicable):</i>        |    |   |   |   |    |   |    |    |    |
| 28. <b>Trim cat's nails</b><br><i>Comments (if applicable):</i>        |    |   |   |   |    |   |    |    |    |
| 29. <b>Put on nail caps</b><br><i>Comments (if applicable):</i>        |    |   |   |   |    |   |    |    |    |
| 30. <b>Stare at</b><br><i>Comments (if applicable):</i>                |    |   |   |   |    |   |    |    |    |

|   | NR | S | В | Н | SW | Р | TS | WD | NA |
|---|----|---|---|---|----|---|----|----|----|
| 31. <b>Stranger enters room</b><br><i>Comments (if applicable):</i>         |    |   |   |   |    |   |    |    |    |
| 32. <b>Cat in yard – person passes</b><br>Comments (if applicable):         |    |   |   |   |    |   |    |    |    |
| 33. <b>Cat in yard – cat passes</b><br><i>Comments (if applicable):</i>     |    |   |   |   |    |   |    |    |    |
| 34. <b>Cat in yard – dog passes</b><br>Comments (if applicable):            |    |   |   |   |    |   |    |    |    |
| 35. <b>Cat enters room where cat is</b><br><i>Comments (if applicable):</i> |    |   |   |   |    |   |    |    |    |
| 36. Dog enters room where cat is <i>Comments (if applicable):</i>           |    |   |   |   |    |   |    |    |    |
| 37. <b>Cat in vet's office</b><br><i>Comments (if applicable):</i>          |    |   |   |   |    |   |    |    |    |
| 38. <b>Cat in boarding kennel</b><br><i>Comments (if applicable):</i>       |    |   |   |   |    |   |    |    |    |
| 39. <b>Cat in groomers</b><br><i>Comments (if applicable):</i>              |    |   |   |   |    |   |    |    |    |

|   | NR | S | В | Н | SW | Р | TS | WD | NA |
|---|----|---|---|---|----|---|----|----|----|
| 40. <b>Cat yelled at</b><br><i>Comments (if applicable):</i>                    |    |   |   |   |    |   |    |    |    |
|   |    |   |   |   |    |   |    |    |    |
| 41. Cat physical punished – hit   |    |   |   |   |    |   |    |    |    |
| Comments (if applicable):   |    |   |   |   |    |   |    |    |    |
| 42. Squirrels, cats, small animals'   |    |   |   |   |    |   |    |    |    |
| approach<br>Comments (if applicable):   |    |   |   |   |    |   |    |    |    |
|   |    |   |   |   |    |   |    |    |    |
| 43. Human approaches cat who is at  |    |   |   |   |    |   |    |    |    |
| top of stairs<br>Comments (if applicable):                                      |    |   |   |   |    |   |    |    |    |
|   | ]  |   |   | ] | ]  | ] |    |    |    |
| 44. Cat removed from hiding place   |    |   |   |   |    |   |    |    |    |
| Comments (if applicable):   |    |   |   |   |    |   |    |    |    |
| 45. Human body parts move under   |    |   |   |   |    |   |    |    |    |
| covers on bed<br>Comments (if applicable):                                      |    |   |   |   |    |   |    |    |    |
|   |    |   |   |   |    |   |    |    |    |
| 46. Crying infant   |    |   |   |   |    |   |    |    |    |
| Comments (if applicable):   |    |   |   |   |    |   |    |    |    |
|   |    |   |   |   |    |   |    |    |    |
| 47. <b>Playing with 2-year-old children</b><br><i>Comments (if applicable):</i> |    |   |   |   |    |   |    |    |    |
|   |    |   |   |   |    |   |    |    |    |
| 48. Playing with 5-7-year-old children  |    |   |   |   |    |   |    |    |    |
| Comments (if applicable):   |    |   |   |   |    |   |    |    |    |
|   |    |   |   |   |    |   |    |    |    |

|  | NR | S | В | Н | SW | Р | TS | WD | NA |
|--|----|---|---|---|----|---|----|----|----|
| 49. Playing with 8-11-year-old<br>children<br>Comments (if applicable):  |    |   |   |   |    |   |    |    |    |
| 50. Playing with 12-16-year-old<br>children<br>Comments (if applicable): |    |   |   |   |    |   |    |    |    |

# Stereotypic and Ritualistic Behaviour Sheets

Please complete this form **only** if the cat is showing any repetitive, ritualistic behaviours **that you find troublesome or about which you are concerned.** 

| Which of the following categories | below fits your cat's behaviour?  |
|-----------------------------------|---|
| Check as many categories that ap  | ply to the cat's behaviour. Then check the best description that relates to   |
| the selected behaviour.           |   |
| Grooming                          | <ul> <li>Chewing self</li> <li>Licking self</li> <li>Barbering/trimming hair on self</li> <li>Sucking self</li> <li>Biting self</li> <li>Plucking hair from self</li> <li>Continuously doing any of these behaviours to another individual.</li> <li>Please elaborate:</li> <li>Other, please explain:</li> </ul> |
| Hallucinatory                     | <ul> <li>Staring and attending to things that are not there</li> <li>Tracking things that are not there</li> <li>Pouncing on or attacking things that are not there</li> <li>Other, please explain:</li> </ul>  |
| Consumptive                       | <ul> <li>Consuming rocks</li> <li>Consuming dirt or soil</li> <li>Consuming other objects</li> <li>Eating, licking, sucking or chewing wool or fabric, rugs, furniture, etc.</li> <li>Licking or gulping air</li> <li>Other, please explain:</li> </ul>   |

| Locomotory   | <ul> <li>Circling / spinning</li> <li>Tail-chasing</li> <li>Freezing</li> <li>Other, please explain:</li> </ul> |
|--------------|---|
| Uvcalization | <ul> <li>Rhythmic meowing</li> <li>Howling</li> <li>Growling</li> <li>Other, please explain:</li> </ul>         |

This next section focuses on *patterns* of behaviours. Please indicate the appropriate answer (YES/NO/UNCERTAIN) for each of the following questions. Please feel free to add any information that you think might be helpful. If you choose 'yes', please describe in detail what is ongoing and, if relevant, who or what might be involved. If no one is home often enough to know or the cat cannot be reliably observed, please choose 'uncertain'.

|    |   | Yes   | No | Uncertain |
|----|---|---|----|-----------|
| 1. | Was there a change in the household or<br>an event associated with the development<br>of the behaviour? | If yes, please describe in detail:  |    |           |
| 2. | Is there any time of day when the behaviour seems more or less intense?                                 | <i>If so, please describe in detail what is usually going on at that time of day:</i> |    |           |
| 3. | Is there a person or another pet in the presence of whom the behaviour seems more intense?              | <i>If yes, who is this and what is their association to the pet?</i>                  |    |           |

| 4.  | Does the cat respond to its name or seem<br>aware of its surroundings while in the<br>midst of the behaviour?  | If yes, please describe in detail:                          |  |
|-----|--|---|--|
| 5.  | Is the cat aware that you are calling him/her?   | If yes, how can you tell?                                   |  |
| 6.  | Can you convince the cat to stop the behaviour by:   | Calling him or her?   |  |
|     |  | Using physical restraint?                                   |  |
| 7.  | Are there things (i.e. noises, treats, toys) –<br>if any – will interrupt the behaviour once<br>it has started?  | <i>If yes, please describe in detail/list the items:</i>    |  |
| 8.  | Is there a location in which the cat prefers to perform the behaviour?   | If yes, where?  |  |
| 9.  | Does your cat ingest objects? If your cat<br>ingests objects, specifically, what types of<br>objects are consumed? Be as specific as<br>possible – what type of rug or sweater<br>fabric (e.g., cotton only, merino wool only,<br>all natural fabrics, et cetera)? | If yes, please describe in<br>detail/list types of objects: |  |
| 10. | Does any event or behaviour routinely<br>occur immediately before the behaviour<br>begins?   | If yes, what?   |  |

|   |   | <br> |
|---|---|------|
| 11. Does any event or behaviour routinely occur immediately after the behaviour ceases?   | If yes, what?   |      |
| 12. Has the cat's general behaviour changed<br>in any way since the onset of the atypical<br>behaviour (i.e. the cat is more or less<br>aloof, aggressive, withdrawn, playful<br>etc.)? | If yes, please specify?   |      |
| 13. Has the cat's diet recently been changed?   | If yes, what – specifically –<br>was the change?  |      |
| 14. How old was your cat when this ritualistic behaviour began?   | Age in months:  |      |
| 15. Did anyone else in the cat's family exhibit these or similar behaviours?  | If yes, please list:  |      |
| 16. Is there a pattern to the behaviour? What are the duration, frequency, characteristics of the events themselves?  | Duration<br>(days/weeks/months):<br>Pattern (after meals, in AM,<br>etc. – please specify): |      |

### **Questionnaire to Evaluate Behaviours of Old Cats**

Please complete this section *ONLY* if your pet is elderly <u>or</u> if your complaints have to do with possible agerelated changes.

### Behaviour screen for age associated changes:

- 1. Locomotory/ambulatory assessment (tick only 1)
- No alterations or debilities noted
- Modest slowness associated with aging from youth to adult
- Moderate slowness associated with aging
- Moderate slowness associated with aging plus alteration or debility in gait (e.g., limps, occasionally trips)
- Moderate slowness associated with aging plus some loss of function (e.g., cannot climb stairs)
- Severe slowness associated with extreme loss of function, particularly on slick surfaces (may need to be carried or need a support harness)

Severe slowness, extreme loss of function, and decreased willingness or interest in locomoting (spends most of time in bed)

- Paralyzed or refuses to move
- 2. Appetite assessment (may tick more than 1)
- No alterations in appetite
- Change in ability to physically handle food
- Change in ability to retain food (vomits or regurgitates)
- Change in ability to find food when offered, dropped or in dish
- Change in interest in food (may be olfactory, having to do with the ability to smell)
- Change in rate of eating
- Change in completion of eating
- Change in timing of eating
- Change in preferred textures

#### 3. Assessment of elimination function (tick only 1 in each category)

#### Changes in frequencies and "accidents"

- No change in frequency and *no* "accidents"
- Increased frequency, *no* "accidents"
- Decreased frequency, **no** "accidents"
- Increased frequency *with* "accidents"
- Decreased frequency *with* "accidents"
- No change in frequency, with "accidents"

| Bladder control  |
|--|
| Leaks urine when asleep, only  |
| Leaks urine when awake, only   |
| Leaks urine when awake or asleep   |
| Full-stream, uncontrolled urination when asleep, only  |
| Full-stream, uncontrolled urination when awake, only   |
| Full-stream, uncontrolled urination when awake or asleep   |
| No leakage or uncontrolled urination, but urinates in inappropriate or undesirable location                  |
| No change in urination control or behaviour  |
|  |
| Bowel control – please select the appropriate answer for the description you choose                          |
| Defecates when asleep  |
| a. 🗌 Formed stool  |
| b. 🗌 Diarrhea  |
| c. 🗌 Mixed   |
| Defecates without apparent awareness   |
| a. 🗌 Formed stool  |
| b. 🗌 Diarrhea  |
| c. 🗌 Mixed   |
| Defecates when awake and aware of action, but in inappropriate or undesirable locations                      |
| a. 🗌 Formed stool  |
| b. 🗌 Diarrhea  |
| c. 🗌 Mixed   |
| No change in bowel control   |
|  |
| <ol><li>Visual acuity - how well does the client think the dog sees? (tick only 1)</li></ol>                 |
|  |
| Some change in acuity dependent on ambient light conditions  |
| Some change in acuity <i>not</i> dependent on ambient light conditions                                       |
| Extreme change in acuity dependent on ambient light conditions   |
| Extreme change in acuity <i>not</i> dependent on ambient light conditions                                    |
| Blind  |
|  |
| <ol><li>Auditory acuity – how well does the client think the dog hears (tick only 1)</li></ol>               |
|  |
| No apparent change in auditory acuity  |
| Some decrement in hearing – not responding to sounds to which the dog used to respond                        |
| Extreme decrement in hearing – have to make sure the dog is paying attention or repeat signals or go get the |
| dog when called  |
| Deaf – no response to sounds of any kind   |

- 6. Play interactions if the cat plays with **toys** (other pets are addressed later), which situation best describes that play? (tick **only** 1)
- No change in play with toys
   Slightly decreased interest in toys, only
   Slightly decreased ability to play with toys, only
   Slightly decreased interest and ability to play with toys
   Extreme decreased interest in toys, only
   Extreme decreased ability to play with toys, only
   Extreme decreased interest and ability to play with toys
   This cat has never played with toys
- 7. Interactions with humans which situation best describes that interaction? (tick only 1)
- No change in interaction with people
- Recognizes people but slightly decreased frequency of interaction
- Recognizes people but greatly decreased frequency of interaction
- Withdrawal but recognizes people
- Does not recognize people
- This cat has never really interacted with people
- 8. Interactions with other pets which situation best describes that interaction? (tick only 1)
- No change in interaction with other pets
- Recognizes other pets but slightly decreased frequency of interaction
- Recognizes other pets but greatly decreased frequency of interaction
- Withdrawal but recognizes other pets
- Does not recognize other pets
- No other pets or animal companions in house or social environment
- This cat has never really interacted with other dogs or cats
- 9. Changes in sleep / wake cycle (tick only 1)
- No changes in sleep patterns
- Sleeps more in day, only
- Some change awakens at night and sleeps more in day
- Much change profoundly erratic nighttime and irregular daytime patterns
- Sleeps virtually all day, awake occasionally at night
- Sleeps almost around the clock

10. Is there anything else you think we should know? If you think you have observed something interesting – even if you don't understand it – please tell us. THANK YOU!