

# VETERINARY TEACHING HOSPITAL ATLANTIC VETERINARY COLLEGE

# AVC Behavioural Medicine Service Karen L. Overall, MA, VMD, PhD, DACVB – Head of service (<u>koverall@upei.ca</u>) Camille Squair, DVM – Resident (<u>csquair@upei.ca</u>)

This information sheet is intended to review policies and procedures, to explain the appointment costs and structure, and to explain the type of information we will need to help your dog.

## Initial telemedicine/distance appointment duration and costs

For distance consults, we require the same materials as for in-person appointments, but the referring veterinarian remains the veterinarian of record, and they are responsible for dispensing medication. We review the history, videos and medical record and then write and send the *draft* consult to the client. Then, we will schedule a 60-minute Zoom or other provider call with the client so that we can see the family and patient, review the consult, learn where we missed something and answer questions. A revised consult will follow and will also be sent to the referring veterinarian with an explanatory email. These consults and this format have worked well, but we know that they are not for everyone. At some point we may need to see someone in person who did a distance consult and we will tell you when we think that distance follow-up is not working and that we need to see you in person.

## Re-exams

Re-exam appointments for dogs seen within the last 6 months in person *or* via Zoom are \$150 and last 60 minutes. We strive to use our time together efficiently.

Some clients will need or desire multiple re-exams and some clients will require or desire few. We try to work with you to make the most efficient use of your time and resources to help your dog become the happiest he or she can be.

Some clients need short touch-ups either with reading signals or working with some of the behaviour medication. We offer a "Touch up" appointment for these clients for \$75. This appointment lasts 30 minutes and with email and video follow-up may be all some clients need after the initial appointment. These appointments work best in person, but in some circumstances can be used in distance consults.

We will always be honest with you and tell you what we think is in the best interests of your dog.

## A short comment about re-exams

Sometimes it is clear that the best practices in the field dictate that a re-exam is necessary. If so, one will be recommended and encouraged. Of course, clients are also welcome to schedule a re-exam anytime they think it

will help them and their dog. We have some clients we see 2-3 times a year simply because this is what works best for them.

Some clients feel that they do not need re-exams. This can be a fine decision if clients understand that a reexam is always an option and if they keep communicating by email. Any time someone has a question, a problem, a worry, or there has been a behavioural change that doesn't make sense - we need to hear from you. Mental health care is an ongoing process. If you need a re-exam, we will schedule one. Otherwise, we urge you to take 'virtual' advantage of behaviour mod re-exams by emailing us the question and attaching a video or some drive link (WeTransfer.com is very simple to use and free).

Re-exams vary in time and content. For dogs who have been seen within the previous 6 months, re-exams are scheduled for an hour – either in person or virtually through ZOOM - and cost \$150. For dogs who have not been seen in the last 6 months, re-exams are scheduled for 1.5 hours and cost \$250. Re-exams are recommended for anyone who is struggling, afraid, have had a set-back (and it could be 2 years after the initial appointment) or just not seeing the progress they wished.

Regardless, we recommend a re-exam annually – either virtually or in person.

Any dog who is taking medication should have a full annual laboratory evaluation done (lab work) that includes a complete blood count (CBC), chemistry panel and urinalysis (UA). This lab work must be done within the 3 months before the appointment. *This can be done by your referring veterinarian and you can email us the results before the appointment (preferred) or bring the results to your re-exam.* Clients who are physically too far away for annual re-exams should email updates and their annual lab work results. Referring veterinarians should feel free to email questions.

Please note: we use fear-reducing and minimizing, no distress, no restraint handling techniques for all of our procedures. This means that we may or may not touch your dog, and because we will need to work with them over time, we attempt to do no behavioural harm or engage in anything that could adversely affect their mental health. We further provide such recommendations to your veterinarian as part of the discharges and in referral letters.

All first and full re-exam appointments will result in letters being sent to your veterinarian unless you explicitly ask us not to send a letter. We understand the personal nature of appointments in veterinary behavioural medicine and respect your privacy. Many of our clients prefer to work with a treatment team, including their vet and a trainer. We are happy to facilitate these types of teamwork efforts and welcome vets or trainers at the consultation, but can also simply copy them on the discharges.

## Materials and information needed for an appointment

To proceed with your consultation we will the following materials sent to us via email (preferred) or post **before** your appointment:

- We will need a completed set of the attached history forms. *Please note that these can be completed as a Word document and attached to an email.* Also please note that it will take you 20-40 minutes to complete these forms, depending on the level of detail.
- 2. We will need a video of the behaviours that concern you. Please note, *if the behaviours about which you are concerned are not ones that are likely to be seen in public and we do not have a video we cannot do the best possible job.*

The video should:

- show the behaviour(s) about which you are concerned, excepting any injurious behaviour,
- give a brief tour of the dog's environment (house/apartment and yard), and
- show any other relevant facets of the patient's life (e.g., where your dog or cat sleeps, sits, eats, drinks, walks, plays, interaction with other animals, et cetera).

If aggression with injury is one of the complaints, *please do not provide a video of the dog biting someone, and do not put the dog in a situation where any aggression may be provoked or which may scare or distress the dog or anyone else.* If aggression is a concern, other behaviours will be indicative of it. Please do not scare or put anyone at risk to make a video.

Videos can be provided in the following formats:

- via a downloadable link (such as WeTransfer.com which is free, secure and easy to use) OUR
   PREFFERED FORMAT
- Email attachment
- YouTube link
- DVD
- Flash drive

Please note that our formats are mpeg, MP4 and avi.

Please keep a copy of the videos since *they will not be returned*. Videos and/or photos may also be taken during the appointment. Any videos/photos used to evaluate the patient, including those you have taken, become part of the record and may be used *anonymously* in all modes of teaching (including teaching staff or other clients) and/or research. You can opt out of allowing us to use any videos or photos for teaching/research and this decision will not affect your dog's care. Just tell us that you opt out.

3. We will need a copy of your dog's medical record, including proof of vaccination for rabies (or an adequate titer), or a letter from your veterinarian summarizing the important medical history and providing proof of vaccination for rabies (or an adequate titer).

A referral letter and the consult will be sent to your veterinarian, unless you explicitly request that this is not done. Please complete the contact information for your veterinarian, below.

Name of veterinarian:

Veterinarian's address:

Veterinarian's telephone number:

Veterinarian's fax #:

Veterinarian's e-mail:

PLEASE DO NOT SEND A LETTER TO MY VETERINARIAN.

# AVC BEHAVIOURAL MEDICINE CANINE QUESTIONNAIRE

The questionnaire that follows focuses on all aspects of your dog's behaviour and health issues that could contribute to any behavioural concerns. This questionnaire has been amended over the years and improved using clinical data because medicine is an evolving, evidence-based field. The most recent published version of it can be found in Overall, KL. *Manual of Clinical Behavioural Medicine for Dogs and Cats*, Elsevier, 2013.

To interpret this information in the most detailed possible light it would be helpful for you to list your dog's weight and your dog's body condition score. If you do not know your dog's body condition score, please go to the websites listed to see the scoring systems routinely used.

Dog's weight:kg orIbBody condition score/BCS:- See link below:

#### http://www.wsava.org/sites/default/files/Body%20condition%20score%20chart%20dogs.pdf

Date:

#### Please complete the pages below as accurately as possible

1.	Pet's name	
2.	Owner / Client's name	
3.	Kennel name (if applicable)	
4.	Owner's address	Address:
		City/Province/State:
		Postal Code/Zip Code:
5.	Owner's home phone number	
6.	Owner's office phone number	
7.	Owner's fax number	
8.	Owner's email address	
9.	Breed of dog	
10.	Sex of dog	
11.	Has this dog been neutered/spayed?	Yes No
12.	How old, in months was the dog when	months
	neutered/spayed?	
13.	What was the reason for neutering/spaying?	
14.	Any behavioural changes after neutering?	Yes No
		If yes, what?
15.	Has the dog been bred?	Yes No

16. If you have not yet bred this dog, do you plan on breeding him or her?	Yes No		
17. Any behavioural changes after breeding?	Yes No N/A If yes, what?		
18. Describe your dog's coat colour			
19. Dog's date of birth	Day/Month/Year:		
20. Dog's age at completion of this questionnaire, in months	months		
21. How old was your pet when you first acquired him or her, in months	months		
22. Has this pet had other owners	Yes. No If so, how many? 1 2 3 4 5+ unknown Why was this pet given up/relinquished?		
23. How long have you had this dog, in months?	months		
24. Where did you get this pet?	<ul> <li>Stray/found</li> <li>Breeder – serious show/performance</li> <li>Breeder – backyard breeder/neighbour</li> <li>SPCA/humane shelter</li> <li>Breed rescue service</li> <li>Newspaper/online adoption ad (not breeder)</li> <li>Pet store</li> <li>Friend</li> <li>Other (please explain):</li> </ul>		
25. Why did you get this dog?			
26. When was your dog last vaccinated?	Date:		

27. When was your last complete veterinary check- up?	Date:
28. Does this dog have any physical problems that your veterinarian has noted?	Yes No If yes, what specifically?
29. Is your dog taking any medication for any of the medical problems discussed above?	Yes No If yes, what specifically?
30. Is your dog taking any medication for any behavioural problems?	Yes No If yes, what specifically?
31. Is your dog taking heartworm preventative?	Yes No If yes, what brand?
32. Is your dog taking flea or tick preventative?	Yes No If yes, what brand?
33. What food (brand names, amounts, and schedules) is your dog fed?	
34. What treats does your dog get (brand names, amounts, and schedules)	
35. Does your dog get anything else to eat?	Yes No If yes, what specifically?

36. How is your dog exercised/maintained?	Is this dog (please check all that apply):  Allowed to run free, unsupervised  Allowed to run unsupervised in a fenced yard, kennel or run  Leash Walked  Allowed to run free outside, unleashed, but supervised Indoors only Outdoors only Other (please explain):
37. How many walks does your dog get daily, and	Number of walks
how long are these walks?	Average length in minutes
38. How many play sessions does your dog get daily?	sessions per day
39. How many training sessions does your dog get	sessions per day or
daily or weekly (tell us which)?	per week
40. How often is your dog groomed?	
41. How is your dog kept when you leave him or her alone?	<ul> <li>Free in the house</li> <li>Free outdoors</li> <li>Indoor kennel/run</li> <li>Outdoor kennel/run</li> <li>Crate indoors</li> <li>Crate outdoors or in garage</li> <li>Behind a gate or door in house</li> <li>Other (please specify):</li> </ul>
42. What percentage of the 24 h day does your pet spend inside?	% inside
43. What percentage of the day does your pet spend outside?	% outside

44. What kind of a living situation do you have?	Apartment
	Townhouse/condominium
	House with small yard
	House with large yard
	Farm
	Other (please specify):
45. Has your household changed since acquiring this	Yes No
pet?	
P	If yes, how?
	Death of human in family
	Death of pet in family
	Divorce
	Marriage
	🗌 Baby born
	Child moved
	 Pet added
	Family moved
	Family schedule changed (lost or gained jobs)
	Other (please specify):
46. Do you know how many animals were in this pet's	Yes No
litter?	# females
	# males
47. Are any litter mates were / are affected with any	
medical problems?	If yes, what specifically:
48. Are any litter mates were / are affected with any	Yes No Unknown
behavioural problems?	If yes, what specifically:
	, ,

49. Why did you choose this specific animal from the	
litter?	
50. Why did you choose <b>this specific breed</b> ?	
51. Have you owned this particular breed before?	Yes No
Si. Have you owned this particular breed before.	
E2. Have you owned note hefere?	Yes No
52. Have you owned pets before?	
53. Have you owned dogs before?	Yes No
54. Have you owned cats before?	Yes No
55. Have you owned birds before?	Yes No
Where does your pet sleep (Please check all that	🗌 In or on your bed
apply; we know pets move at night)	On his/her own bed in your bedroom
	In a crate in your bedroom
	On a bed in another room
	In a crate in another room
	On the floor next to your bed
	In another room, voluntarily, anywhere he or she
	wants
	In another room, because he/ she is locked from
	your bedroom
	Anywhere he/she wants
	Other (please specify):

56. What is your dog's obedience school/training	No school - trained yourself
history?	Puppy kindergarten
	🗌 Group lessons – basic
	Group lessons – advanced
	Private trainer at house
	Private trainer - sent to trainer
	Agility
	Flyball
	Specialty training (hunting, herding, et cetera);
	please specify:
57. At what age did your dog start lessons/training?	months
58. How did the dog do in obedience school/training?	
59. Who took the dog to training?	
60. Does the dog have any obedience titles?	Yes No
61. How well does this dog do with the following	a. Sit
commands / requests?	Perfect 🗌 Ok, needs work 🗌 Badly
	b. Stay
	Perfect 🗌 Ok, needs work 🗌 Badly
	c. Down/lie down
	Perfect 🗌 Ok, needs work 🗌 Badly
	d. Wait
	Perfect 🗌 Ok, needs work 🗌 Badly
	e. Heel
	Perfect Ok, needs work Badly

f. Fetch Perfect Ok, needs work Badly
g. Leave it/drop it Perfect Ok, needs work Badly
h. Take it Perfect Ok, needs work Badly
i. Other (please specify):

62. Please list the people, **including yourself**, currently living in the household now.

Name	Sex	Age	Relationship (e.g.	Occupation
			husband, wife)	
Ex. Maria	F	45	self	Rocket scientist

63. Please list all the <b>animals</b>	(include all pets,	, even non-dogs) in the household.

Name	Order Obtained	Breed	Sex*	Age Obtained (Months)	Age Now (Months)	Any Physical Illness? (Y/N)	Any Behavioural Illness? (Y/N)

\* Male = male intact/entire, F = female intact/entire, MC = male castrated/neutered, FS = female spayed/neutered

64. If anyone, above, has been identified as having a medical problem (Y), what is the problem?

65. If anyone, above, has been identified as having a behavioural problem (Y), what is the problem?

66. Please describe, in detail, how you prepare to leave the house when the dog will be left alone. Do you ignore the dog, do you seek him or her and say goodbye, do you make a fuss, etc.?

67. What does your dog do as you prepare to leave?

68. Please let us know what your behavioural concerns are and how much of a problem do you consider the behaviour. **Please tick relevant degree of concern.** 

Complaint Number	Specific Compliant/Problem	Very Serious?	Serious?	Not Serious?
1.				
2.				
3.				
4.				
5.				

For the complaints numbered above, please estimate the frequency of occurrence of the undesirable behaviour. For example, the dog may growl at other dogs on the street weekly, but he growls at them 100% of the time he sees them – he may see them only weekly.

#### Complaint 1:

Frequency	Percentage of time undesirable behaviour occurs
Daily Weekly Monthly	<ul> <li>Less than 25%</li> <li>25-50%</li> <li>51-75%</li> <li>76-100%</li> </ul>

# Complaint 2:

Frequency	Percentage of time undesirable behaviour occurs
Daily Weekly Monthly	<ul> <li>Less than 25%</li> <li>25-50%</li> <li>51-75%</li> <li>76-100%</li> </ul>

# Complaint 3:

Frequency	Percentage of time undesirable behaviour occurs
Daily Weekly Monthly	<ul> <li>Less than 25%</li> <li>25-50%</li> <li>51-75%</li> <li>76-100%</li> </ul>

# Complaint 4:

Frequency	Percentage of time undesirable behaviour occurs
Daily Weekly Monthly	<ul> <li>Less than 25%</li> <li>25-50%</li> <li>51-75%</li> <li>76-100%</li> </ul>

# Complaint 5:

Frequency	Percentage of time undesirable behaviour occurs
Daily U Weekly Monthly	<ul> <li>Less than 25%</li> <li>25-50%</li> <li>51-75%</li> <li>76-100%</li> </ul>

# The Effect of the Behavioural Concerns on Everyone in the Family

69. If your dog has what you perceive to be a problem, why have you kept the dog despite this problem?

70. Are you concerned that you may have caused the problem?

🗌 Yes 🗌 No

71. Do you feel guilty about this problem?

🗌 Yes 🗌 No

72. Have you considered finding another home for this pet?

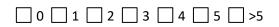
🗌 Yes 🗌 No

73. Have you considered euthanasia (putting your pet to sleep)?

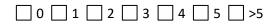
Yes No

#### On the Issue of Biting

74. How many bites have your dog inflicted on any human?



75. How many bites to *humans* broke the skin?



76. How many bites to *humans* were reported, and to whom? (i.e. local authorities, hospital, humane society, etc.)

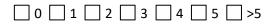
0	] 1 [	] 2 🗌	] 3 [	4 [	5	>5
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To whom was the bite reported?

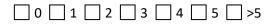
77. Was there legal action taken as a result of any bit to *humans*?

🗌 Yes 🗌 No

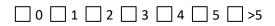
78. How many total bites has your dog inflicted on any *dog*?



79. How many bites to *dogs* broke the skin?



80. How many bites to *dogs* were reported, and to whom? (i.e. local authorities, hospital, humane society, etc.)



To whom was the bite reported?

81. Was there legal action taken as a result of any bite to *dogs*?

🗌 Yes 🗌 No

82. Has the frequency or the intensity of the occurrence of the behaviour changed since the problem started?

🗌 Yes 🗌 No

If so, how and when?

## Problem Development

83. Please provide a brief outline of the chronological development of the problem, including any significant incidents that you think we should know.

84. Duration of problem: days months years	84.	Duration of p	roblem:	days	months	years
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85. Age of animal when first began showing signs of the problem:

86. Do you know if the parents engage in similar behaviours as presented animal?

Yes, they did
No, they didn't
Don't know

If so, what behaviours were exhibited by whom?

87. Are there any littermates that are engaging in the same behaviours?

	Yes, they did
	No, they didn't
$\square$	Don't know

If so, what behaviours were exhibited by whom?

88. Does your dog exhibit periodic diarrhea or gastrointestinal distress?

Yes
No
Don't know

#### Separation Anxiety and Noise Phobia/Reactivity Screen

The first set of these questions deals with an **"actual absence"** - the owner actually leaves the house and the dog is either alone or totally without the owner. The second set deals with **"virtual absence"** - the owner is home, but not accessible because the door is closed or the dog is barricaded in another room. The questions are the same for each, but please answer both.

- Check **NO**, if the dog does not react in the listed circumstance.
- Check **UNKNOWN**, if you don't know.
- Check **YES**, if the dog reacts. Please evaluate the extent of the reaction from the list below.
- If YES:
  - 100% of the time = always
  - $\circ$  < 100% of the time, but > 60 % = more often than not
  - 40-60% of the time = about equally
  - 0% of the time <40% = less often than not

			-	
	Behaviour	Yes	Don't Know	No
1.	Destructive behaviour when separated from owner	🗌 100% of the time		
		<100% but >60%		
		☐ 40-60% of the time		
		□ >0% but <40%		
2.	Urination when separated from owner.	100% of the time		
		<100% but >60%		
		☐ 40-60% of the time		
		□ >0% but <40%		
3.	Defecation when separated from owner.	100% of the time		
		<100% but >60%		
		☐ 40-60% of the time		
		□ >0% but <40%		
4.	Vocalization when separated from owner.	100% of the time		
		<100% but >60%		
		☐ 40-60% of the time		
		□ >0% but <40%		
5.	Salivation when separated from owner.	🗌 100% of the time		
		<100% but >60%		
		☐ 40-60% of the time		
		□ >0% but <40%		
6.	Panting when separated from owner.	100% of the time		
		<100% but >60%		
		☐ 40-60% of the time		
		□ >0% but <40%		

#### Behaviours during an ACTUAL absence

7.	If the answer is YES for any of the above responses, what is the timing of the onset of behaviours (if
	known)?
	Within 5 minutes
	More than 5 minutes, but less than 30 minutes
	More than 30 minutes, but less than one hour
	More than 1 hour, but less than 3 hours
	Only after several hours

# Behaviours during a VIRTUAL absence

Behaviour	Yes	Don't Know	No
8. Destructive behaviour when separated from owner	<ul> <li>100% of the time</li> <li>&lt;100% but &gt;60%</li> <li>40-60% of the time</li> <li>&gt;0% but &lt;40%</li> </ul>		
9. Urination when separated from owner.	<ul> <li>100% of the time</li> <li>&lt;100% but &gt;60%</li> <li>40-60% of the time</li> <li>&gt;0% but &lt;40%</li> </ul>		
10. Defecation when separated from owner.	<ul> <li>100% of the time</li> <li>&lt;100% but &gt;60%</li> <li>40-60% of the time</li> <li>&gt;0% but &lt;40%</li> </ul>		
11. Vocalization when separated from owner.	<ul> <li>100% of the time</li> <li>&lt;100% but &gt;60%</li> <li>40-60% of the time</li> <li>&gt;0% but &lt;40%</li> </ul>		
12. Salivation when separated from owner.	<ul> <li>100% of the time</li> <li>&lt;100% but &gt;60%</li> <li>40-60% of the time</li> <li>&gt;0% but &lt;40%</li> </ul>		
13. Panting when separated from owner.	<ul> <li>100% of the time</li> <li>&lt;100% but &gt;60%</li> <li>40-60% of the time</li> <li>&gt;0% but &lt;40%</li> </ul>		
<ul> <li>14. If the answer is YES for any of the above responses, wh known)?</li> <li>Within 5 minutes</li> <li>More than 5 minutes, but less than 30 minutes</li> <li>More than 30 minutes, but less than one hour</li> <li>More than 1 hour, but less than 3 hours</li> <li>Only after several hours</li> </ul>	at is the timing of the ons	et of behaviours	i (if

# **Reactions to Noise**

Beha	viour	Yes	Don't Know	No
1. Reaction during thunde	erstorms.			
Type of response – please of	heck all that apply:			
Salivate	Tremble			
Defecate	Destroy			
🗌 Urinate	Freeze	🗌 100% of the time		
Escape	🗌 Will not eat	☐ <100% but >60%		
🗌 Pant	food/treats	☐ 40-60% of the time		
Vocalize (bark, whine,	Pupil dilation	□ >0% but <40%		
growl, howl)	Pace			
🗌 Hide	Other:			
2. Reaction to <b>fireworks</b> :				
Type of response – please o	heck all that apply:			
Salivate	Tremble			
Defecate	Destroy			
🗌 Urinate	Freeze	🗌 100% of the time		
Escape	🗌 Will not eat	100% but >60%		
Pant Pant	food/treats	☐ 40-60% of the time		
Vocalize (bark, whine,	Pupil dilation	□ >0% but <40%		
growl, howl)	Pace			
🗌 Hide	Other:			
3. Reaction to gunshots				
Type of response – please o	heck all that apply:			
Salivate	Tremble			
Defecate	Destroy			
🗌 Urinate	Freeze	🔲 100% of the time		
Escape	🗌 Will not eat	☐ <100% but >60%		
🗌 Pant	food/treats	40-60% of the time		
Vocalize (bark, whine,	Pupil dilation	□ >0% but <40%		
growl, howl)	Pace			
🗌 Hide	Other:			

4. Reaction to other nois	es			
Type(s) of noise(s) (vacuur	n cleaners, leaf blowers,			
weed whackers, dump tru	cks, sirens, alarm systems,			
etc.):				
Type of response – please Salivate Defecate Urinate Escape Pant Vocalize (bark, whine, growl, howl) Hide	check all that apply: Tremble Destroy Freeze Will not eat food/treats Pupil dilation Pace Other:	<ul> <li>100% of the time</li> <li>&lt;100% but &gt;60%</li> <li>40-60% of the time</li> <li>&gt;0% but &lt;40%</li> </ul>		
5. How frequently in term	ns of <i>weeks</i> do noise events s	such as thunder fireworks	or gunshots oc	cur in the
dog's environment?		such as thanact, meworks,	of guilding oc	
🗌 Never – 0%	Occasionally – >0%	🗌 Regularly – 50% but		:ly – 100% (at
	but <50% (once a month	<100% (a few times a	least multipl	e times a
	or so)	month)	week)	
6. Has this dog ever been	n treated for noise sensitivitie	s or phobias? If so, with w	hat, please?	
7. Does your dog react to	other aspects of storms?			
a. Wind	Yes	🗌 No	🗌 Uncertaiı	n
b. Darkness	Yes	No No	🗌 Uncertaii	n
c. Ozone	Yes	🗌 No	🗌 Uncertaiı	n
d. Barometric pressure	Yes	No	🗌 Uncertaii	n
e. Rain	Yes	No	Uncertai	n
f. Other:	Yes	🗌 No	🗌 Uncertaiı	n

## **Reactivity and Aggression Screen**

#### KEY:

- **NR** = no reaction
- **S** = snarl (noise)
- L = lift lip (can see corner teeth)
- **B** = bark (aggressive, <u>not</u> an alerting bark)
- **G** = growl (<u>not</u> a play growl)
- **SP** = snap (no connection with skin)

# This screen can be used in three ways:

- damage) - **WD** = withdraw or avoid
- NA = not applicable (animal has never been in that situation)

**BT** = bite (connects with skin, regardless of

- 1. To note the presence or absence, at any time, of any of the behaviours,
- 2. By the clients to keep as a log about the baseline behaviour, noting how many times the behaviour occurs, given the number of times it is attempted, per unit time (i.e., per week) and
- 3. To keep a log about frequencies of the occurrence behaviours, given the number of times the circumstance has been encountered, at different intervals during treatment so that these numbers can be compared with those in (2).

Please feel free to note if the reaction is consistent in style, or only directed towards one person, or only present in one restricted circumstance. If using this screen only for the first use, you can also note if the dog has been worsening in intensity or frequency in any category using an \*.

	NR	S	L	В	G	SP	BT	WD	NA
1. Take dog's food dish with food Comments (if applicable):									
2. Take dogs empty food dish Comments (if applicable):									
3. Take dog's water dish Comments (if applicable):									
<ol> <li>Take food (human) that falls on floor</li> <li>Comments (if applicable):</li> </ol>									

	NR	S	L	В	G	SP	BT	WD	NA
5. <b>Take rawhide</b> <i>Comments (if applicable):</i>									
6. <b>Take real bone</b> <i>Comments (if applicable):</i>									
7. <b>Take biscuit</b> <i>Comments (if applicable):</i>									
8. <b>Take toy</b> Comments (if applicable):									
9. Human approaches dog while eating Comments (if applicable):									
10. Dog approaches dog while eating Comments (if applicable):									
11. Human approaches dog while playing with toys Comments (if applicable):									
12. Dog approaches dog while playing with toys Comments (if applicable):									
13. Human approaches/disturbs dog while sleeping Comments (if applicable):									

	NR	S	L	В	G	SP	BT	WD	NA
14. Dog approaches/disturbs dog while sleeping Comments (if applicable):									
15. <b>Step over dog</b> Comments (if applicable):									
16. <b>Push dog off bed/couch</b> <i>Comments (if applicable):</i>									
17. <b>Reach toward dog</b> <i>Comments (if applicable):</i>									
18. <b>Reach over head</b> <i>Comments (if applicable):</i>									
19. <b>Put on leash</b> <i>Comments (if applicable):</i>									
20. <b>Push on shoulders</b> <i>Comments (if applicable):</i>									
21. <b>Push on rump</b> <i>Comments (if applicable):</i>									
22. <b>Towel feet when wet</b> <i>Comments (if applicable):</i>									

	NR	S	L	В	G	SP	BT	WD	NA
23. <b>Bathe dog</b> <i>Comments (if applicable):</i>									
24. <b>Groom dog's head</b> <i>Comments (if applicable):</i>									
25. <b>Groom dog's body</b> <i>Comments (if applicable):</i>									
26. <b>Stare at</b> <i>Comments (if applicable):</i>									
27. <b>Take muzzle in hands and shake</b> <i>Comments (if applicable):</i>									
28. <b>Push dog over onto back</b> <i>Comments (if applicable):</i>									
29. <b>Stranger knocks on door</b> <i>Comments (if applicable):</i>									
30. <b>Stranger enters room</b> <i>Comments (if applicable):</i>									
31. Dog in car at toll booth Comments (if applicable):									
32. Dog in car at gas station Comments (if applicable):									

	NR	S	L	В	G	SP	BT	WD	NA
33. Dog on leash approached by dog on street Comments (if applicable):									
34. Dog on leash approached by person on street Comments (if applicable):									
35. <b>Dog in yard – person passes</b> Comments (if applicable):									
36. <b>Dog in yard – dog passes</b> Comments (if applicable):									
37. <b>Dog in vet's office</b> <i>Comments (if applicable):</i>									
38. <b>Dog in boarding kennel</b> <i>Comments (if applicable):</i>									
39. <b>Dog in groomers</b> <i>Comments (if applicable):</i>									
40. Dog yelled at Comments (if applicable):									
41. Dog corrected with leash Comments (if applicable):									

	NR	S	L	В	G	SP	BT	WD	NA
42. Dog physical punished – hit Comments (if applicable):									
43. Someone raised voice to owner in presence of dog Comments (if applicable):									
44. Someone hugs/touches owner in presence of dog Comments (if applicable):									
45. Squirrels, cats, small animals' approach Comments (if applicable):									
46. <b>Bicycles, skateboards</b> <i>Comments (if applicable):</i>									
47. <b>Crying infant</b> <i>Comments (if applicable):</i>									
48. Playing with 2-year-old children Comments (if applicable):									
49. Playing with 5-7-year-old children Comments (if applicable):									

	NR	S	L	В	G	SP	BT	WD	NA
50. Playing with 8-11-year-old children Comments (if applicable):									
51. Playing with 12-16-year-old children Comments (if applicable):									

## **Previous Treatment Questionnaire**

This questionnaire is designed to help us evaluate any role previous treatment may play in either your dog's problems or in their resolution. We would like you to answer 2 types of questions. The first set focuses on general, global approaches recommend. The second set - which is a fairly lengthy tick list - focuses on specific actions recommended.

Please complete these tables to the best of your ability, and if our lists are not complete, or you feel that an explanation is warranted, please complete the "comment" section at the bottom. Even if you think that your dog is problem-free it would be extraordinarily helpful if you also completed this questionnaire so that we can compare dogs with problems to dogs without problems. Thanks!

#### Table 1: Global, general approaches recommended

		Suggested?	By whom?	Attempted?	Outcome?
1.	Obedience class				
2.	Private trainer				
3.	Send to shelter				
4.	Place in another home				
5.	Take to a board certified specialist (DACVB)				
6.	Agility trainer				
7.	Consult your veterinarian				
8.	Consult a non- veterinary behaviourist				

9. Make into a		
working dog		
(e.g. hunting,		
guard, sheep		
herding etc.)		
10. Other (please		
tell us what,		
specifically):		

**Table 2:** It's helpful if we know what treatments, tricks or strategies clients have tried or have had recommended to them to alter their dogs' behaviours or to help shape better behaviours. Please tick the items below if they were suggested and or attempted. Please let us know who suggested that you try the activity noted, and the outcome if you attempted it. Please remember that you may have chosen *not* to try something that was suggested. You may also have tried something that was not suggested. We are interested in knowing what people have specifically done to intervene in their dog's behaviours, so please let us know what else you tried and how it worked in the space at the bottom of the form. Some of you will be very distressed by some of the suggested interventions on this form. All of these strategies have been mentioned as attempted by at least 1 client since 1990. One of our jobs is to educate about risks and benefits of interventions so we keep a list of what was done...even if it's distressing to know about some of these events.

		Suggested?	By whom?	Attempted?	Outcome?
1.	Stare at or				
	"stare down"				
2.	Grab by jowls				
	and shake				
3.	Get an				
	additional dog				
	as a companion				
	for this one				
4.	Step on leash				
	or choke collar				
	and force down				
5.	Blow in nose or				
	face				

6	D 11:00	ļ	I	
6.	Buy different			
	types of dog			
	toys (ex: Kongs,			
	etc.)			
7.	Metal choke			
	collar			
8.	Prong collar			
	-			
9.	Halti, Gentle			
_	Leader, or any			
	other head			
	collar (please			
	tell us which			
10	one)			
10.	Harness			
11.	No pull or			
	Sporn Harness			
12.	Martingale			
	collar			
13.	Scruffy Guider			
14.	Fabric choke			
	collar			
	condi			
15	Electronic or			
15.	shock collar			
	controlled by			
	owner			
16.	Electronic or			
	shock collar			
	controlled by			
	trainer			
		·	•	1

	· · · · · · · · · · · · · · · · · · ·		· · · · · · · · · · · · · · · · · · ·
17. Electronic or			
shock collar -			
remote control			
or bark			
activated			
18. Citronella or			
spray collar			
spray collar			
40.01			
19. Citronella spray			
- remote			
20. Throw a tin or			
can of pennies			
21. Water pistol			
22. Whistle			
23. Foghorn			
0			
24. Hit dog with			
hand			
nana			
25. Use a blow			
torch			
26. Hit dog with			
empty plastic			
soda bottle			
27. Hit dog with			
whiffle ball bat			
28. Hit dog with			
leash			
29. Hit dog with			
chain			

	1	1	
30. Hit dog with			
board, plank, or			
baseball bat			
31. Hit dog under			
chin			
32. Step on dog's			
toes			
33. Knee dog in			
chest/belly			
Sheet, Seny			
34. Kick dog			
35. Bite dog			
0			
36. "Alpha roll"			
(hold spread			
eagle on back)			
37. "Dominance			
down" (hold			
down on side,			
legs extended,			
head flat)			
38. Growl at dog			
39. Yell or scream			
at dog			
40. Long down			
41. Sit and wait			

42. "Time out" (if		
you do this let		
us know where		
an how, and for		
how long"		
43. Praise for good		
behaviour		
44. Crate		
45. Kennel		
outdoors		
46. Fenced yard		
,		
47. Invisible fence		
48. Isolate		
somewhere in		
house (if you		
do this, please		
let us know		
where and for		
how long)		
49. Board at vet's		
or kennel		
(which, please)		
50. Use whip on		
dog		
405		
51. Chain		
52. Cattle prod		

53. "String up" or			
hang by leash			
and collar - all 4			
feet off ground			
54. "String up" or			
hang by leash			
and collar - only			
front feet off			
ground			
55. Pop and jerk			
leash			
56. Yank or pull-on			
leash			
57. Tie up -			
physically			
58. Tie out or stake			
on very short			
lead hooked to			
wall or floor			
59. Muzzle			
60. Increase			
exercise			
61. Increase play			
62. Give treats for			
good behaviour			
63. Deprive of food			
64. Throw against			
wall			
	l	l	

	[]	ſ	
65. Beat with your			
fists			
66. Shove dog's			
nose / face into			
urine, feces, or			
destruction			
67. use scat mats			
or other			
electronic			
avoidance			
systems			
68. Is anything else			
that was			
recommended			
or tried?			

If your dog has no ritualistic/stereotypic/repeated behaviours (possibly indicative of obsessive-compulsive disorder) AND your dog is not older, then you are finished with this questionnaire! Thank you. Otherwise, please see the 2 continuing questionnaires.

# Stereotypic and Ritualistic Behaviours History – For Selected Dogs, ONLY

This section of the history form is to be completed <u>only</u> if your dog is showing any repetitive, ritualistic behaviours **that you find troublesome or about which you are concerned.** If your dog is not doing this, you do not have to complete this form.

This first section focuses on a *description and categorization* of your dog's behaviour(s).

Which of the following categories below fits your dog's behaviour?				
Check as many categories that ap	ply to the dog's behaviour. Then check the best description that relates to			
the selected behaviour.				
Grooming	<ul> <li>Chewing self</li> <li>Licking self</li> <li>Barbering/trimming hair on self</li> <li>Sucking self</li> <li>Biting self</li> <li>Plucking hair from self</li> <li>Continuously doing any of these behaviours to another individual.</li> <li>Please elaborate:</li> <li>Other, please explain:</li> </ul>			
Hallucinatory	<ul> <li>Staring and attending to things that are not there</li> <li>Tracking things that are not there</li> <li>Pouncing on or attacking things that are not there</li> <li>Other, please explain:</li> </ul>			
Consumptive	<ul> <li>Consuming rocks</li> <li>Consuming dirt or soil</li> <li>Consuming other objects</li> <li>Eating, licking, sucking or chewing wool or fabric, rugs, furniture, etc.</li> <li>Licking or gulping air</li> <li>Other, please explain:</li> </ul>			

Locomotory	<ul> <li>Circling / spinning</li> <li>Tail-chasing</li> <li>Freezing</li> <li>Other, please explain:</li> </ul>
Uvcalization	<ul> <li>Rhythmic barking</li> <li>Howling</li> <li>Growling</li> <li>Other, please explain:</li> </ul>

This next section focuses on *patterns* of behaviours. Please indicate the appropriate answer (YES/NO/UNCERTAIN) for each of the following questions. If you are positive that you know the pattern – YES/NO – please say so, but if you are unsure, please tell us you don't know by choosing UNCERTAIN. This helps us to avoid mistakes. Please feel free to add any information that you think might be helpful.

		Yes	No	Uncertain
1.	Was there a change in the household or an event associated with the development of the behaviour?	If yes, please describe in detail:		
2.	Is there any time of day when the behaviour seems more or less intense?	<i>If so, please describe in detail what is usually going on at that time of day:</i>		
3.	Is there a person or another pet in the presence of whom the behaviour seems more intense?	If yes, who is this and what is their association to the pet?		
4.	Does the dog respond to its name or seem aware of its surroundings while in the midst of the behaviour?	If yes, please describe in detail:		

		Yes	No	Uncertain
5.	Is the dog aware that you are calling him/her?	If yes, how can you tell?		
6.	Can you convince the dog to stop the behaviour by:	Calling him or her?		
		Using physical restraint?		
7.	Are there things (i.e. noises, treats, toys) – if any – will interrupt the behaviour once it has started?	<i>If yes, please describe in detail/list the items:</i>		
8.	Is there a location in which the dog prefers to perform the behaviour?	If yes, where?		
9.	If your dog ingests objects, specifically, what types of objects are consumed. Be as specific as possible – what type of rug or sweater fabric? We ask this because the pattern matters.	If yes, please describe in detail:		
10.	Does any event or behaviour routinely occur immediately before the behaviour begins?	If yes, what?		
11.	Does any event or behaviour routinely occur immediately after the behaviour ceases?	lf yes, what?		
12.	Has the dog's general behaviour changed in any way since the onset of the atypical behaviour (i.e. the dog is more or less aloof, aggressive, withdrawn, playful etc.)?	If yes, please specify?		

	Yes	No	Uncertain
13. Has the dog's diet recently been changed?	If yes, what -specifically – was the change?		
14. How old was your dog when this ritualistic behaviour began?	Age in months:		
15. Did anyone else in the dog's family exhibit these or similar behaviours?	lf yes, please list:		
16. Is there a pattern to the behaviour? What are the duration, frequency, characteristics of the events themselves?	Duration (days/weeks/months): Pattern (after meals, in AM, etc. – please specify):		

Finally, familial patterns of this condition have been documented so if you can provide a pedigree for this dog, it would be extremely helpful and informative. If you are able to provide a pedigree please label the dogs in it with the following code:

KA – known affected

KU – known unaffected

TA - tentatively or possibly affected

TU - tentatively or possibly unaffected

AO – affected with another behavioural problem

Any blank dogs will be assumed to have no known behavioural information.

For this condition, affected relatives do not have to have the same form of the condition to be considered affected. In other words, some dogs may suck themselves whereas others follow fences or chase their tails. If you know what any other affected dogs to, please let us know.

I am attaching a pedigree for this dog.

There is a pedigree available for this dog but it is not attached.

No pedigree is available for this dog.

Thank you for your help in providing as much information as possible.

#### Questionnaire to Evaluation Behaviours of Old Dogs - For Selected Dogs, ONLY

This section of the history form is to be completed **only** *if* your dog is older (> 5 or 6 years for larger dogs and > 10 years for smaller ones) so that we can assess changes associated with aging. If your dog is not elderly or you have no complaints that could be associated with age, you do not have to complete this form. If you are uncertain, please complete the form.

#### Behaviour screen for age associated changes:

1. Locomotory/ambulatory assessment (tick only 1)

	No alterations	or debilities	noted
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Modest slowness associated with aging from youth to adult

Moderate slowness associated with aging

Moderate slowness associated with aging plus alteration or debility in gait (e.g., limps, occasionally trips)

Moderate slowness associated with aging plus some loss of function (e.g., cannot climb stairs)

Severe slowness associated with extreme loss of function, particularly on slick surfaces (may need to be carried or need a support harness)

Severe slowness, extreme loss of function, and decreased willingness or interest in locomoting (spends m	າost
of time in bed)	

- Paralyzed or refuses to move
- 2. Appetite assessment (may tick more than 1)
- No alterations in appetite
- Change in ability to physically handle food
- Change in ability to retain food (vomits or regurgitates)
- Change in ability to find food when offered, dropped or in dish
- Change in interest in food (may be olfactory, having to do with the ability to smell)
- Change in rate of eating
- Change in completion of eating
- Change in timing of eating
- Change in preferred textures
- 3. Assessment of elimination function (tick only 1 in each category)

Changes in frequencies and "accidents"

No change in frequency and *no* "accidents"

Increased frequency, *no* "accidents"

- Decreased frequency, *no* "accidents"
- Increased frequency *with* "accidents"
- Decreased frequency *with* "accidents"

No change in frequency, <i>with</i> "accidents"
Bladder control  Leaks urine when asleep, only Leaks urine when awake, only Leaks urine when awake or asleep Leaks urine when awake or asleep Full-stream, uncontrolled urination when asleep, only Full-stream, uncontrolled urination when awake, only Full-stream, uncontrolled urination when awake or asleep No leakage or uncontrolled urination, but urinates in inappropriate or undesirable location No change in urination control or behaviour
Bowel control – please select the appropriate answer for the description you choose          Defecates when asleep         a.       Formed stool         b.       Diarrhea         c.       Mixed         Defecates without apparent awareness
<ul> <li>a. Formed stool</li> <li>b. Diarrhea</li> <li>c. Mixed</li> <li>Defecates when awake and aware of action, but in inappropriate or undesirable locations</li> <li>a. Formed stool</li> <li>b. Diarrhea</li> <li>c. Mixed</li> <li>No change in bowel control</li> </ul>
<ul> <li>4. Visual acuity - how well does the client think the dog sees? (tick only 1)</li> <li>Some change in acuity dependent on ambient light conditions</li> <li>Some change in acuity <i>not</i> dependent on ambient light conditions</li> <li>Extreme change in acuity <i>not</i> dependent on ambient light conditions</li> <li>Extreme change in acuity <i>not</i> dependent on ambient light conditions</li> <li>Bind</li> </ul>
<ol> <li>Auditory acuity – how well does the client think the dog hears (tick only 1)</li> </ol>
<ul> <li>No apparent change in auditory acuity</li> <li>Some decrement in hearing – not responding to sounds to which the dog used to respond</li> <li>Extreme decrement in hearing – have to make sure the dog is paying attention or repeat signals or go get the dog when called</li> <li>Deaf – no response to sounds of any kind</li> </ul>

- 6. Play interactions if the dog plays with **toys** (other pets are addressed later), which situation best describes that play? (tick **only** 1)
- No change in play with toys
   Slightly decreased interest in toys, only
   Slightly decreased ability to play with toys, only
   Slightly decreased interest and ability to play with toys
   Extreme decreased interest in toys, only
   Extreme decreased ability to play with toys, only
   Extreme decreased interest and ability to play with toys
   This dog has never played with toys
- 7. Interactions with humans which situation best describes that interaction? (tick only 1)
- No change in interaction with people
- Recognizes people but slightly decreased frequency of interaction
- Recognizes people but greatly decreased frequency of interaction
- Withdrawal but recognizes people
- Does not recognize people
- This dog has never really interacted with people
- 8. Interactions with other pets which situation best describes that interaction? (tick only 1)
- No change in interaction with other pets
- Recognizes other pets but slightly decreased frequency of interaction
- Recognizes other pets but greatly decreased frequency of interaction
- Withdrawal but recognizes other pets
- Does not recognize other pets
- No other pets or animal companions in house or social environment
- This dog has never really interacted with other dogs or cats
- 9. Changes in sleep / wake cycle (tick only 1)
- No changes in sleep patterns
- Sleeps more in day, only
- Some change awakens at night and sleeps more in day
- Much change profoundly erratic nighttime and daytime sleep patterns with lots of nighttime activity or restlessness
- Sleeps virtually all day, awake occasionally at night
- Sleeps almost around the clock

10. How often does your dog pace up and down, walk in circles and/or wander with no direction or purpose?

Never	
Once a month	
Once a week	
🗌 Once a day	

More than once a day

11. How often does your dog stare blankly at the walls or floor?

Never	
Once a month	
Once a week	
Once a day	
More than once a day	/

12. How often does your dog get stuck behind objects and is unable to get around?

Never
Once a month
Once a week
🗌 Once a day
More than once a day

13. How often does your dog fail to recognize familiar people or pets?

Never
Once a month
Once a week
🗌 Once a day
More than once a day

14. How often does your dog walk into walls or doors?

Never
Once a month
Once a week
Once a day
More than once a day

15. How often does your dog walk away from or avoid being petted or other loving attention that they have been known to enjoy?

Never
Once a month
Once a week
🗌 Once a day
More than once a day

16. Has your dog changed in the way he/she behaves with humans, dogs or cats? Please tell us about any changes. Things in which we are especially interested are a change (increase or decrease – please tell us which) in avoidance, aggression, fear, withdrawal, approach or any other component of social interaction.

17. Is there anything else you think we should know? If you think you have observed something interesting – even if you don't understand it – please tell us. THANK YOU!